An Evaluation of School Breakfast Clubs

Dr. Greta Defeyter
Prof. Riccardo Russo
Ms. Jeanet Ingwersen
Method

- **Phase 1:** Start of academic year (2007-8).

  - Cognitive Tests, Social behavioural questionnaires, & focus groups.
  - Teachers, parents and pupils.

- **Phase 2:** Six months later.
Key Findings

**Pupils** (Cognitive and Social measures).
- Friendship Questionnaire: Companionship.

**Focus Groups**
- Teachers
- Parents
- Pupils
“I’ve got some things to say! If it shuts down, right, me mam and dad would just have to move house. We’ll have to move house because if we can’t get any breakfast we’ll have to go to another school that does breakfast and then I won’t get to see me canny friends again”