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Citation: Al-Omari, Basem, Frisher, Martin, Croft, Peter and Sim, Julius (2013) Using Adaptive Choice Based Conjoint (ACBC) analysis to predict individual patient preferences for pharmaceutical treatment of osteoarthritis. In: Northumbria Research Conference, 5th - 6th May 2011, Newcastle-upon-Tyne, UK.

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Using Adaptive Choice Based Conjoint (ACBC) analysis to predict individual patient preferences for pharmaceutical treatment of osteoarthritis.



Basem Al-Omari

Background

- ▶ Eliciting *individual* patient preferences is important alongside eliciting *group* preferences.
- ▶ Group results are used to understand general population preferences and develop guidelines.
- ▶ Individual patient preferences assist patient-clinician shared decision-making.

OA treatment

- NICE OA guidelines (2008) recommend that treatment and care of OA should take into account patients' needs and preferences.
- The NICE OA guidelines (2008) did not recommend a particular method for eliciting patients preference.
- In order to facilitate shared agreements between clinician and patient, it is important that the clinician has a clear understanding of an *individual* patient's preference for OA treatment.

Study aim

To examine whether predicted preferences derived from individual patients through ACBC match their expressed preferences for pharmaceutical treatment of osteoarthritis.

Method

- ▶ 11 participants who were over 50 years of age and suffering from OA in at least one of their joints were recruited from the Research User Group (RUG) at the Arthritis Research UK Primary Care Centre, Keele University.
- ▶ Participants completed a computerised interactive ACBC questionnaire involving 8 attributes selected by the RUG using evidence-based information from published articles about the varying impact and risks of OA medication.
- ▶ Data were analysed for each individual patients.
- ▶ Patients were presented with the ACBC predicted preferences and were asked if it matches their expressed preferences

Attributes

- ▶ Medication availability
- ▶ Frequency
- ▶ Route of administration
- ▶ Expected benefit
- ▶ Risk of addiction
- ▶ Risk of stomach side effects
- ▶ Risk of kidney and liver side effects
- ▶ Risk of heart attacks and strokes

ACBC questionnaire

Your Views on Osteoarthritis Treatment

Please think about the medication you would most like to take for your Osteoarthritis. For each feature, select your preferred level.

| Feature | Select one answer for each feature |
|---------------------------------------|---|
| Availability | <input type="radio"/> Prescription drug <input type="radio"/> Over-the-counter drug <input type="radio"/> Internet purchase drug |
| How much you would expect to benefit | <input type="radio"/> Expect 25% benefit <input type="radio"/> Expect 50% benefit <input type="radio"/> Expect 75% benefit |
| Risk of stomach side effects | <input type="radio"/> No risk of stomach ulcer <input type="radio"/> Low risk of stomach ulcer <input type="radio"/> Moderate risk of stomach ulcer <input type="radio"/> High risk of stomach ulcer |
| Risk of Kidney and liver side effects | <input type="radio"/> No risk of kidney or liver impairment <input type="radio"/> Low risk of kidney or liver impairment <input type="radio"/> Moderate risk of kidney or liver impairment <input type="radio"/> High risk of kidney or liver impairment |

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ACBC questionnaire

Your Views on Osteoarthritis Treatment

Here, each vertical column represents a drug. For EACH ONE, please indicate if you would consider taking this drug or not by ticking the relevant box at the bottom of the column.

(1 of 6)

| | | |
|--|--|--|
| Prescription drug Expect 50% benefit High risk of stomach ulcer No risk of kidney or liver impairment | Prescription drug Expect 50% benefit No risk of stomach ulcer High risk of kidney or liver impairment | Over-the-counter drug Expect 75% benefit No risk of stomach ulcer No risk of kidney or liver impairment |
| <input type="radio"/> A possibility <input type="radio"/> Won't work for me | <input type="radio"/> A possibility <input type="radio"/> Won't work for me | <input type="radio"/> A possibility <input type="radio"/> Won't work for me |

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ACBC questionnaire

Your Views on Osteoarthritis Treatment

We have noticed that you have avoided drugs with certain features shown below. Please tick the **ONE** feature that is **most unacceptable**.

- High risk of kidney or liver impairment
- Moderate risk of kidney or liver impairment
- High risk of stomach ulcer

- None of these is totally unacceptable.

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Your Views on Osteoarthritis Treatment

We have noticed that you have selected drugs with certain features shown below. Please tick the **ONE** **most important feature**.

- Expect 75% benefit
- No risk of stomach ulcer
- Prescription drug

- None of these is an absolute requirement.

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ACBC questionnaire

Your Views on Osteoarthritis Treatment

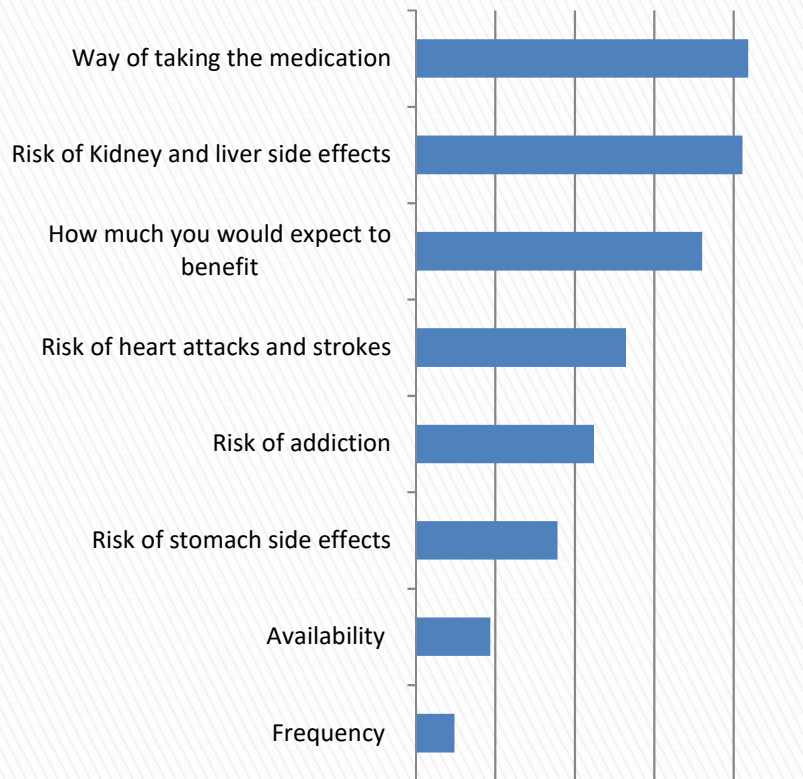
Here again, each vertical column represents a drug. Among these three, please decide which **ONE** is the best option for you? (Features that are the same for each drug are in grey, so you can focus on the features that are different.)

(1 of 4)

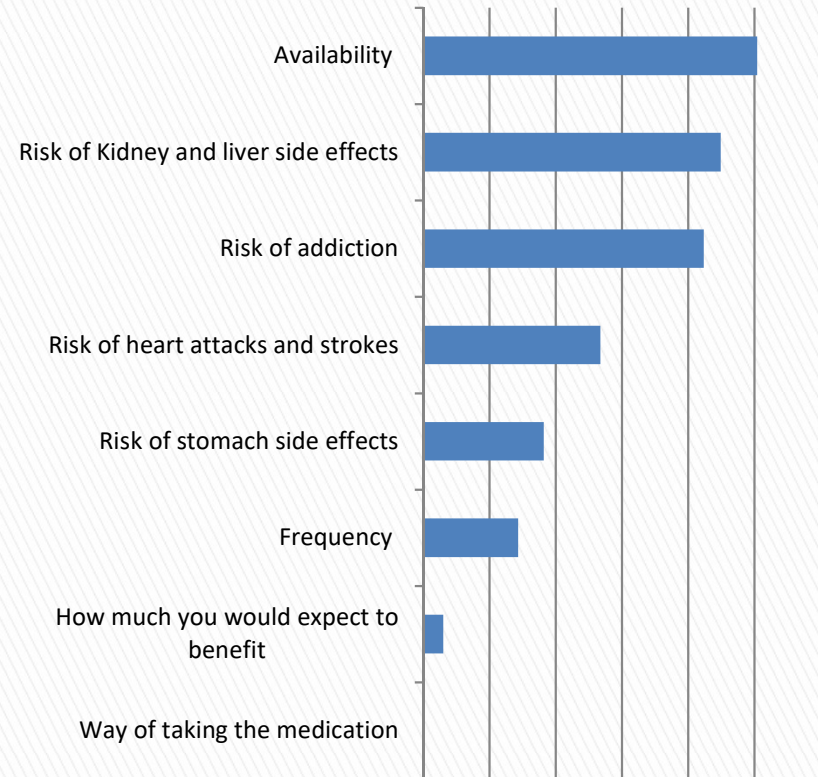
| | | |
|--|---------------------------------------|---------------------------------------|
| Over-the-counter drug | Over-the-counter drug | Over-the-counter drug |
| Expect 75% benefit | Expect 75% benefit | Expect 75% benefit |
| No risk of stomach ulcer | No risk of stomach ulcer | Low risk of stomach ulcer |
| Low risk of kidney or liver impairment | No risk of kidney or liver impairment | No risk of kidney or liver impairment |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

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Individual results



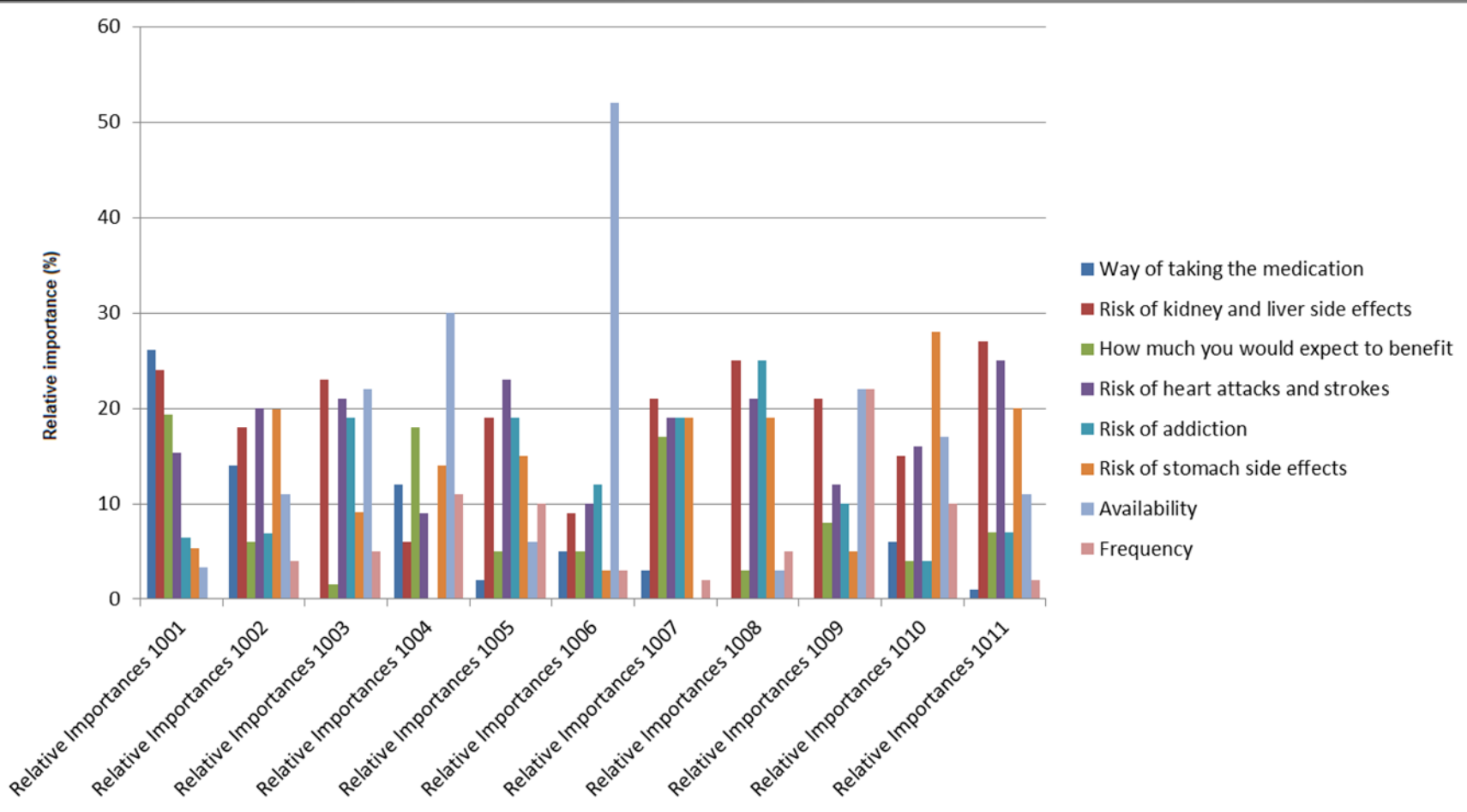
Participant 1001



Participant 1003

Findings

- ▶ The results *individually* differed between participants,
- ▶ 10 participants completely agreed and one partially agreed that the predicted results matched their preferences.



Conclusion

ACBC is a practical tool that can be used in primary care to analyse individual patient preference prior to consultation, without unduly consuming clinicians' time

Acknowledgments

This research work would not have been possible without the participation of the Research Users' Group at the Arthritis Research UK Primary Care Centre, Keele University, UK.

We are extremely grateful to Carol Rhodes and Adele Higginbottom (Patient and Public Involvement Co-ordinator and assistant at the Arthritis Research UK Primary Care Centre) for their effort to facilitate the Research Users' Group involvement.

Thank you

