1 **Preparation protocol for epifluorescence microscopy when working close to the detection limit**

2 McCerery, R.[1*], Hall, L.[2], Omanakuttan, J.[2], Chai, H.Z.[2], Lawrence, J.[2], Woodward, J.[1], Pearce, D.A.[2,3]

3 [1]Department of Geography and Environmental Science, Faculty of Engineering and Environment,
4 Northumbria University, Newcastle-upon-Tyne, United Kingdom, NE1 8ST, UK

5 [2]Department of Applied Sciences, Faculty of Health and Life Sciences, Northumbria University,
6 Newcastle-upon-Tyne, United Kingdom, NE1 8ST, UK

7 [3]British Antarctic Survey, Natural Environment Research Council, High Cross, Madingley Road,
8 Cambridge CB3 OET, UK

9 *Corresponding author e-mail:* r.mccerery@northumbria.ac.uk

10 Running Head: Preparation protocol for microscopy

11 **Impact statement**

12 This study addresses one of the core challenges of cell enumeration routinely encountered in low
13 volume, low biomass samples using epifluorescence microscopy. It outlines a straight-forward and
14 cost-effective preparation that reduces background contamination of non-target cells by almost two
15 orders of magnitude. This enables the reproducible enumeration of cells from environmental
16 samples where cell counts are close to the detection limit.

17 **Abstract**

18 Working with low density, low biomass material can be challenging, especially when working near
19 the detection limit. Although background contamination is a universal consideration in
20 microbiological research, its impact is increased when the cells under assessment approach the
21 same concentration as the background contamination. The aim of this work was to identify and
22 remove laboratory sources of background contamination in the cell mounting process for
23 epifluorescence microscopy to improve the reliability of cell counting for low biomass samples.
24 Microscope slides and coverslips were assessed before and after autoclaving, washing with
25 detergent and rinsing with ethanol solution. The solutions used in sample mounting; 4',6-diamidino-
26 2-phenylindole, phosphate buffered saline and immersion oil, were tested before and after
27 autoclaving as well as both single and triple filtering with a 0.2 μm membrane filter. Using a
28 combination of detergent and ethanol rinses of glassware and triple filtering of all solutions, we
29 were able to reduce the background contamination by almost two orders of magnitude, down from
30 $1\times10^4(\pm4.3\times10^3)$ cells to 302($\pm$312) cells per filter paper. This method was then validated with low
31 biomass glacial sediment samples from Renardbreen, Svalbard with cell concentrations of
32 $1.8\times10^5(\pm2.9\times10^4)$ cells g^{-1}, close to the reported detection limit of epifluorescence microscopy.

Introduction

Enumeration of cells using DNA staining fluorophores such as 4',6-diamidino-2-phenylindole (DAPI) is a standard method in environmental microbiology (e.g., Porter and Feig, 1980, Kirchman et al. 1982, Muthukrishnan et al. 2017). However, such methods generally assume cleanliness and the use of sterile materials to limit background contamination. In practice, however, and often in shared laboratories with multiple occupants, this can sometimes be challenging. There are several well-known primary sources of background contamination that can affect sample preparation for microbiological studies in laboratory settings:

1. The sampling environment – Contamination arising in the sampling environment during collection from improper PPE and aseptic technique is a particular concern when working with low biomass samples (e.g., Willerslev et al. 2004, Makinson et al. 2016).

2. The laboratory environment – Contamination can arise easily inside busy and/or drafty laboratory environments including those with active air conditioning systems, where settled contaminants can be resuspended in air (known as bioaerosols) and deposited on samples or other laboratory equipment (e.g., Nikfarjam and Farzaneh 2012, Sanders 2012, Ghosh et al. 2015).

3. Equipment contamination – Ineffective cleaning practices, improper storage, as well as the presence of bioaerosols can contribute to contamination of laboratory equipment (e.g., Eisenhofer et al. 2019, Cando-Dumancela et al. 2021).

4. Reagent contamination – Although typically purchased as sterile, common laboratory reagents have been known to contain contaminants contributing background cells and DNA (Salter et al. 2014, Eisenhofer et al. 2019). It is therefore best practice to filter any reagents even those listed sterile to remove any potential contaminating cells (Kallmeyer, 2011).

5. Cross-contamination between samples – Ineffective cleaning practices of equipment between samples and splashing of reagents when samples are in close contact can result in cross-contamination (e.g., Abatenh et al. 2018, Cando-Dumancela et al. 2021).

6. Researcher-contamination – Poor technique, improper PPE and human error can result in contamination of the sample with a researcher's own microbiome (e.g., Eisenhofer et al. 2019; Hornung et al. 2019).

Each of the above sources of contamination can vary in the same laboratory environment over time, thus frequent and comprehensive background controls during sample preparation are critical for reliable results (Eisenhofer et al. 2019, Weyrich et al. 2019). Due to the number of potential sources of contamination, when compounding components for cell mounting and enumeration it can also be difficult to identify at which specific step contamination may be occurring. For example,

67 regardless of the sterility of the fluorescing compound, washing solution and immersion oil, a
68 contaminated glass coverslip will result in anomalously high cell counts. In addition, a completely
69 sterile glass coverslip will be of little benefit if all the solutions at the preparation stage contain some
70 degree of contamination.

71   The detection limits of cell counting by fluorescence microscopy have been cited at ~10^3-10^6
72 cells ml^{-1} evenly distributed on a filter membrane (Hobson et al. 1996, Broadaway et al. 2003a,
73 2003b, Lisle et al. 2004, Madrid & Felice, 2005, Barton et al. 2006, Chae et al. 2008, Pascaud et al.
74 2009, Singh et al. 2016, Bedrossian et al. 2017a,b, Muthukrishnan et al. 2017, Hoyles et al. 2018,
75 Tyagi et al. 2022). High biomass environmental samples such as soils, have estimated prokaryote cell
76 counts of >10^9 cells g^{-1} which is often enough for the enumeration of cells even with relatively high
77 detection limits (Torsvik et al. 1990, Dunbar et al. 2002, Smith et al. 2006, Liebner et al. 2008, Tecon
78 and Or 2017). However, in low biomass environments (see Table 1), time consuming and complex
79 cell separation techniques are required, and often large volumes of sample are needed to exceed
80 the detection limit. This is not always possible for samples taken from remote and extreme
81 environments where sample volume is limited. Thus, lower limits of detection must be improved and
82 background contamination reduced to achieve reliable and reproducible results.

83   In published works, the degree of background contamination present in an epifluorescence
84 microscopy protocol, and indeed the detection limit of a particular study are often not reported. This
85 leaves a significant knowledge gap making it difficult to achieve reproducible results using published
86 protocols. To address this issue, we focussed on reducing the amount of background contamination
87 present in the laboratory and materials used for cell mounting. The overall aim being to develop a
88 simple and cost-effective protocol which reduced background contaminant cells to a value below the
89 detection limit of the instrument/protocol that can be employed by others in a reproducible way.

90 **Materials and methods**
91 The following protocol applied sequential additions of each cell mounting component using different
92 cleaning and sterilisation methods to determine the most effective protocol for reducing background
93 contamination. Aseptic techniques, the use of laboratory gloves when handling consumables and
94 samples and the frequent changing of gloves to reduce cross-contamination and sterile single-use
95 plastic materials were used throughout. To reduce the impact of background contamination from
96 the laboratory environment, it is also recommended that filtering and sample preparation is
97 performed in a class II microbiological safety cabinet where possible.

98   For the purposes of this investigation, a standard microscopy slide preparation consisted of; a (i)
99   glass microscope slide, (ii) glass coverslip, (iii) a Whatman Cyclopore Track-Etched Membrane (0.2
100   μm pore size) and iv) immersion oil (Sigma-Aldrich). An initial analysis of all preparatory materials for
101   microscopy was conducted prior to any cleaning procedures. A vacuum manifold with a diameter of
102   18.5 mm was used to stain, rinse and dry filter papers using a gentle vacuum (≤0.20 millibar
103   pressure). All components of the vacuum manifold were cleaned with detergent (Detergent 8,
104   Alconox), rinsed well with sterile water, and allowed to dry between uses to prevent cross-
105   contamination between samples. This provided a baseline of background contamination present in
106   the current laboratory setting.

107   **Cleaning protocol**
108   Prior to the cleaning protocol, a ten-fold dilution series using a stock solution of *E. coli* culture was
109   performed to determine detection limits. The solution was prepared in 5 ml Luria-Bertani broth (LB)
110   and incubated for 24 hours. A 10-fold dilution series was prepared for microscopy analysis using the
111   slide and enumeration procedure below, counting cells per fields of view (FOV) until a stable mean
112   had been established. Sample 1 being the most concentrated stock solution and each step thereafter
113   prepared with 100 μl of the previous sample and 900 μl of sterile phosphate buffered saline (PBS).
114   This protocol was also repeated after the cleaning protocol to verify the background levels of
115   contamination.

116   The first step in the cleaning process was to remove any contaminating cells or auto-fluorescing
117   dust and particles from glassware (Fig. 1). Both microscope slides and coverslips were washed with
118   detergent then thoroughly rinsed in a stream of 95% ethanol whilst held with sterile tweezers and
119   allowed to dry.

120   The solutions used in the preparation of the samples; (i) Gibco pH 7.4 PBS, (ii) immersion oil
121   (Sigma-Aldrich), and (iii) 5 mg ml^{-1} solution of DAPI (Thermo Fisher Scientific) could also be sterilised
122   and the following sterilisation techniques were tested (Fig. 1):

123   1. Single filtering with a sterile syringe fitted with a Filtropur S attachment (0.2 μm)
124   2. Triple filtering with a sterile syringe fitted with a Filtropur S attachment (0.2 μm)
125   3. Autoclaving immersion oil and PBS followed by triple filtering with a sterile syringe fitted
126   with a Filtropur S attachment (0.2 μm)

127   **Preparation of slides and enumeration of cells**
128   To stain the samples, a 5 mg ml^{-1} solution of DAPI was prepared using PBS and stored at -20°C
129   for up to one month. 10 μL of DAPI solution was added to a Whatman Cyclopore Track-Etched

130   Membrane (0.2 μm pore size) and incubated in the dark for 5 minutes. A glass coverslip without

131   immersion oil was then placed on top of the filter membrane and the slide was analysed. To test the

132   sterility of PBS, 1 ml of sterile certified on purchase PBS was added to the filter membrane in a

133   vacuum manifold and a gentle vacuum (≤0.20 millibar pressure) was applied. Potential

134   contaminating cells present in the PBS captured on the filter membrane were then stained with 1 μL

135   of 5 mg ml^{-1} DAPI and incubated for 5 minutes. The filter membrane was then rinsed twice with 1 ml

136   of PBS to remove excess DAPI with a gentle vacuum applied between rinses. A glass coverslip

137   without immersion oil was then placed on the filter membrane glass slide and analysed immediately.

138   The same preparation procedure was repeated to test the sterility of the immersion oil but before

139   adding the glass coverslip a drop of immersion oil was placed in the centre of the filter membrane

140   using a sterile pipette tip and a glass coverslip placed on top. The sample was then analysed

141   immediately. Samples were analysed at 40x magnification across a full vertical and horizontal

142   transect of the filter paper accounting for potential cell clumping at the edges of the filter paper

143   where the vacuum effect is strongest. Cell counts were obtained using a running mean to achieve a

144   stable mean value. This equated to an average of 35 FOV on a fluorescence microscope (Olympus

145   BX51) using UV light. Each method was also analysed using three independent replicates by three

146   different researchers to remove any potential counting bias related to human error. An estimate of

147   total cells on the membrane filters was calculated using the following equation (Eq. 1):

148     $Cells\ per\ filter\ paper = \ Average\ cells\ per\ FOV * \dfrac{Area\ (\pi R2)\ A}{Area\ (\pi R2)B}$ **(1)**

149   Where *Area A* is the area of the filter membrane exposed to solution (268.8 mm^2) and Area B is

150   the area of the FOV (0.22 mm^2) providing a conversion factor (CF) to extrapolate the total cells on

151   the membrane (CF – 1221).

152   **Environmental sample**

153   To validate the protocol, the triple filtered consumables, and detergent cleaned glassware was used

154   to enumerate cells from a glacial low volume, low biomass environment. Sediment samples were

155   collected from the surface of Renardbreen, Svalbard originating from a thrust structure within the

156   ice. Samples were collected using sterile gloves into Fischerbrand 20 ml sterile syringes and stored in

157   sterile Whirlpak bags at -20°C.

158   Cells were extracted from the sediment in three independent replicates using 0.51-0.55 g of

159   sediment vortexed for 2 minutes in 2 ml Eppendorf tubes with PBS. A negative control was also

160   implemented at this stage consisting of 2 ml of the PBS only. Samples and control were then

161   centrifuged at 6,764 g for 1 minute to separate the suspended sediment from the solution

162   containing the cells. The resultant supernatant was then pipetted onto a Whatman Cyclopore Track-

163   Etched Membrane. Excess liquid was removed via gentle vacuum before being stained with 10 µL of

164   DAPI solution and incubated in the dark for 5 minutes. Samples were then washed twice with 0.5 ml

165   of PBS and excess liquid removed via vacuum before mounting on a microscope slide with 1 drop of

166   immersion oil and a cover slip. The three replicate samples were analysed by counting cells in 35

167   FOV on each sample at 40x magnification on an epifluorescence microscope using UV light. The cell

168   concentration in the sample could then be compared with the negative control which would reflect

169   the level of background contamination.

170   **Results and Discussion**

171   **Glassware preparation**

172   Cleaning of glassware with detergent before rinsing with ethanol and drying on a hot plate in a

173   sterile petri dish removed any autofluorescence from small fibres and reduced the number of

174   apparent contaminant cells (Table 2). This alone reduced the apparent background contamination

175   from 8.89 cells per FOV or $1x10^4(\pm4.3x10^3)$ cells per filter paper to 3.30 cells per FOV or

176    $4.04x10^3(\pm2.97x10^3)$ cells per filter paper. The continued presence of contaminant cells after

177   cleaning of the glassware was likely introduced through the solutions required for the cell mounting

178   process i.e., air, DAPI, PBS and immersion oil. This effect was suggested by the gradual increase in

179   number of background cells observed after the cleaning process with the addition of each new

180   component.

181   **Solution sterilisation**

182   Single filtering of DAPI, PBS and immersion oil produced a reduction in background

183   contamination in all steps of the process, with a statistically significant difference seen in cell counts

184   per FOV and per filter paper between filtered and unfiltered consumables (P = <0.01, t = 1.98, n =

185   105) (Table 2). The largest improvement in background contamination was seen when all solutions

186   underwent a triple filter technique with a statistically significant difference obtained between the

187   single filtering and triple filtering (P = <0.01, t = 1.98, n = 105) (Fig. 3 and Table 2). The triple filtering

188   technique combined with the clean glassware reduced background contamination by almost two

189   orders of magnitude with the total number of cells present on the filter membrane and cover slip

190   down from 8.89 cells per FOV or $1x10^4(\pm5.2x10^3)$ cells per filter paper to 0.25 cells per FOV

191   302($\pm$312) cells per filter paper using all solutions and cell mounting components.

192   Autoclaving of PBS and immersion oil before triple filtering was also tested to see if further

193   improvements in the reduction of background contamination could be achieved. However, triple

194   filtering after autoclaving showed similar results to triple filtering alone. In fact, the lowest cell

195   concentration was observed using the triple filtered method with no autoclaving (Table 2). This

196   demonstrated that the addition of autoclaving the solutions did not sterilise the materials further

197   and therefore the added labour and cost of autoclaving was not beneficial in this instance.

198   **Background contamination**

199   Background contamination before employing the cleaning protocol was measured using an *E. coli*

200   dilution series (Fig. 2) and then again with no sample but all components of the cell mounting

201   process for microscopy (Table 2, Fig. 3). This method showed increasing levels of background

202   contamination highlighting the importance of cleaning/sterilising all materials used in the cell

203   mounting process to ensure low background contamination and a reduction in detection limits.

204   Prior to any cleaning procedure, the background contamination value fell within the

205   previously stated detection limit of $\sim 10^3$-10^6 cells ml^{-1} for fluorescence microscopy (e.g., Broadaway

206   et al. 2003a, Chae et al. 2008, Pascaud et al. 2009, Bedrossian et al. 2017a, Bedrossian et al. 2017b,

207   Muthukrishnan et al. 2017, Hoyles et al. 2018). Thus, when working close to this lower limit of

208   detection, reducing the background contamination below this level is paramount to achieving

209   accurate and reproducible counts. This was further confirmed using an *E. coli* dilution series which

210   showed cell numbers of 0.08-2 cells per FOV or 3.9×10^2-9.8×10^3 per filter paper at 3-10 fold dilution

211   after employing a slide washing and triple filtering cleaning protocol compared to the previous 1.7-

212   16.8 cells per FOV or 8.3×10^3-8.2×10^4 per filter paper at 3-10 fold dilution prior to any cleaning

213   protocol (Fig. 2).

214   In previous works background contamination during cell enumeration has been accounted

215   for by subtracting cell numbers of negative controls from sample counts (e.g., Foght et al. 2004, Xia

216   et al. 2013, Davis et al. 2023). However, when working with low biomass and thus low cell number

217   samples, there is potential for background contamination to be equal to or surpass those of the

218   actual sample.

219   **Applications for environmental samples**

220   In remote polar environments ice, snow and glacial sediment samples have a generally low biomass

221   with reported cell abundances of 10^1-10^6 cells ml^{-1} of water or g^{-1} of sediment (see Table 1 and

222   references therein). Similarly, ultra-low biomass environmental aerosol samples have a reported cell

223   abundance of 10^1-10^5 cells m^3 (see Table 1 and references therein).

224   Therefore, to validate this protocol, environmental low biomass samples from a glacial

225   environment were also analysed using the triple filtered and detergent washed consumable

226   protocol. Negative controls were used alongside the samples which comprised all the cell mounting

227   components with no sample. The average cell concentration across the three replicates in these

228   sediment samples was $1.8 \times 10^5 (\pm 2.9 \times 10^4)$ cells g^{-1}. The standard deviation of this value fell within the

229   same level as the background contamination before any cleaning or sterilisation protocol. Whereas

230   the negative control using the most optimal protocol outlined here remained low with an average

231   cell concentration of $44 (\pm 1.9 \times 10^2)$ cells per filter paper. This sample falls close to the detection limit

232   of the epifluorescence microscopy method of $\sim 10^3$ cells ml^{-1}. By reducing the background

233   contamination, with a negative control slide two-four orders of magnitude lower than the sample,

234   we were able to confidently enumerate cells in this low biomass environmental sample.

235   **Further considerations for protocol optimisation**

236   Further considerations for optimising cell enumeration using fluorescence microscopy include the

237   use of other cell stains. Fluorescence *in-situ* hybridization (FISH) for example allows for fluorescent

238   probes to bind to RNA of the small ribosomal sub-unit (SSU) of cells (Rivera et al. 2023). The probe

239   EUB338 is one such universal probe that binds to bacterial SSU (Amman et al. 1995, Fuchs et al.

240   1998, Rivera et al. 2023). Such probes and analysis aid in the differentiation of true bacterial cells

241   and fluorescing artifacts. Differentiation of live and dead bacteria can also be achieved using 5-

242   cyano-2,3-ditolyl tetrazolium chloride (CTC) which is absorbed by active cells and reduced to the

243   fluorescent formazan (CTF) product detectable using fluorescence microscopy (Rodriguez et al. 1992;

244   Schaul et al. 1993). Both compounds can be coupled with DAPI as outlined here to investigate cell

245   viability.

246   Background contamination may also be reduced by employing and reporting on aseptic

247   laboratory techniques used to; reduce the impact of researcher contamination through the proper

248   use of PPE (e.g., Willerslev et al. 2004, Makinson et al. 2016) and cross-contamination between

249   samples as well as other contaminated surfaces or equipment (e.g., Abatenh et al. 2018, Eisenhofer

250   et al. 2019, Hornung et al. 2019, Cando-Dumancela et al. 2021). Further description of such

251   techniques in future publications as well as routine reporting of background contamination levels

252   and detection limits will better facilitate reproducible cell enumerations.

253   **Conclusions**

254   The protocol outlined here reduced background contamination from $1 \times 10^4 (\pm 4.3 \times 10^3)$ cells per filter

255   paper to $302 (\pm 312)$ cells per filter paper. When this protocol was applied to an *E. coli* dilution series

256   the cells per FOV were reduced from 1.7-16.8 cells to 0.04-1.7 cells per FOV. This is a reduction by

257   *almost two orders of magnitude*. This makes low biomass samples such as the glacial sediment

258   samples presented here, fall within a detectable range above the background contamination. This

259   protocol is particularly applicable to studies whereby background contamination is accounted for by

260   subtracting background cell values in controls from those measured in the sample.

261 **Acknowledgements**

265 **Conflicts of Interest Statement**

266 The author(s) declare that there are no conflicts of interest.

267 **Data Availability Statement**

268 All data presented in this paper is available in an open access repository, Open Science Framework,

269 at: 10.17605/OSF.IO/952ZA.

270 **Authors' Contribution Statement:**

271 RM was involved in; writing (lead), laboratory co-ordination (lead), conceptualisation (support), data

272 curation (lead), formal analysis (lead), investigation (equal), methodology (lead), project admin

273 (support), software (lead), supervision (support), validation (lead), visualisation (lead), writing

274 original (lead),

275 LH was involved in: Validation (support), investigation (support), methodology (support), data

276 curation (support), writing review and edit (support).

277 JO was involved in: Validation (support), investigation (support), methodology (support), data

278 curation (support), writing review and edit (support).

279 HZC was involved in: Validation (support), investigation (support), methodology (support), data

280 curation (support), writing review and edit (support).

281 JL was involved in: Validation (support), writing original (support), writing review and edit (support).

282 JW was involved in: Funding (equal), supervision (equal), writing original (support), writing review

283 and edit (support).

284   DAP was involved in: conceptualisation (lead), data curation (support), funding (equal), methodology

285   (support), project admin (lead), resources (lead), supervision (lead), validation (equal), writing

286   original (support), writing review and edit (equal).

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451 **Table 1** Example cell counts, reported detection limits and reported FOV counts from the literature
452 of low biomass ecosystems.

Sample Type	Cell Count	Method for checking background contamination	Reported number of FOV counts	Reference
Air	1×10^4 cells m^{-3}	Not reported	400 cells or 86 FOV	Bauer et al. (2002)
	3.4×10^4 cells m^{-3}	Control samples reported as one order of magnitude lower than cell counts	10 FOV	Xia et al. (2013)
	$6.5\text{-}9 \times 10^5$ cells/m^{-3}	Not reported	10 FOV	Dong et al. (2016)
	$1.1\text{-}3.2\times10^5$ cells m^{-3}	Negative controls	20 randomly selected	Hu et al. (2020)
Sea ice	1.4×10^{11} cells m^{-3}	Negative controls	200 cells and 10 FOV	Sullivan et al. (1984)
	1.0×10^5 cells mL^{-1}	Not reported	Not reported	Piontek et al. (2021)
Soil and sediments	1.15×10^8 - 2.13×10^9 cells g^{-1}	Not reported	Not reported	Garcia-Pichel et al. (2003)
	$1.2 - 23 \times 10^8$ cells g^{-1}	Not reported	1000 cells and 10 FOV	Kobabe et al. (2004)
	$2 - 6 \times 10^8$ cells g^{-1}	Not reported	10 FOV	Buckeridge et al. (2013)
	10^{6-8} cells g^{-1}	Not reported	Not reported	Thomas et al. (2021)
	$2\text{--}7 \times 10^6$ cells g^{-1}	Subtracting the average reagent control from 20 FOV of each blank control	10 -20 FOV	Foght et al. (2004)
	1.6×10^7 cells mg^{-1} of organic matter	Not reported	Not reported	Kaštovská et al. (2007)
	10^7 cells g^{-1}	Not reported	Not reported	Lanoil et al. (2009)
	$1.22\text{-}4.42 \times 10^7$ cells g^{-1}	Negative controls	2500 cells and 50 FOV	Pearce et al. (2013)
	1.3×10^5 - 2.6×10^6	Negative controls	25-60 FOV	Davis et al. (2023)
Glacier and snow	$10^1 - 10^5$ cells ml^{-1}	Not reported	Not reported	Harding et al. (2011)
	$39 - 363$ cells mL^{-1}	Not reported	300 cells	Dayal et al. (2023)
	$10^2 - 10^4$ cells g^{-1}	Negative controls	60 FOV	Montross et al. (2014)
	2×10^3 - 2×10^6 cells ml^{-1}	Blanks with no cells counted in parallel	300 cells	Stibal et al. (2015)
	6.6×10^4 - 3.7×10^5 cells ml^{-1}	Field blank of sterile Nanopure water in parallel	Not reported	Skidmore et al. (2005)

453

454   **Table 2** Average cells per FOV in each step of the cleaning protocol identifying the most effective

455   way to reduce background contamination in microbial microscopy preparation. Cells per filter paper

456   were calculated using Equation 1.

| Cleaning protocol	Components	Average cells per FOV (±SD)	Average cells per filter paper
Control (no cleaning or sterilisation)	DAPI + PBS + Immersion oil	8.89(±3.52)	$1.08\times10^{4}(\pm4.30\times10^{3})$
Cleaning of glassware with detergent and ethanol	DAPI + PBS + Immersion oil	6.86(±2.4)	$4.04\times10^{3}(\pm2.97\times10^{3})$
Single filtering with a sterile syringe fitted with a Filtropur S attachment (0.2 μm)	DAPI	1.89(±1.09)	$2.30\times10^{3}(\pm1.33\times10^{3})$
	DAPI + PBS	3.03(±2.22)	$3.70\times10^{3}(\pm2.71\times10^{3})$
	DAPI + PBS + Immersion oil	1.61(±1.27)	$1.97\times10^{3}(\pm1.55\times10^{3})$
Triple filtering with a sterile syringe fitted with a Filtropur S attachment (0.2 μm)	DAPI	0.2(±0.2)	$2.1\times10^{2}(\pm2.3\times10^{3})$
	DAPI + PBS	0.61(±0.36)	744(±436)
	DAPI + PBS + Immersion oil	0.25(±0.26)	302(±312)
Autoclaving immersion oil and PBS followed by triple filtering with a sterile syringe fitted with a Filtropur S attachment (0.2 μm)	DAPI	0.02(±0.01)	23.60(±16.69)
	DAPI + PBS	0.20(±0.11)	246(±130)
	DAPI + PBS + Immersion oil	0.36(±0.29)	438(±352)

457

458
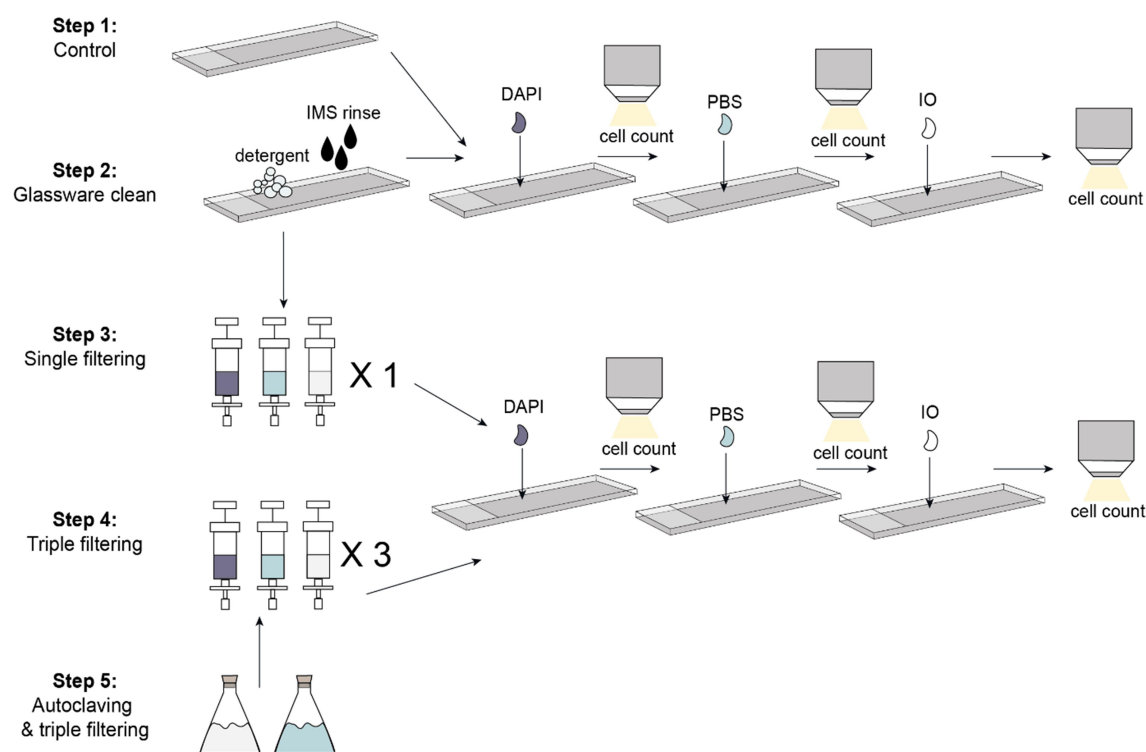
459 **Figure 1** Schematic workflow of the methodological approach of this study detailing the sequential

460 steps and analyses employed to test the sterility at different points of the cell mounting process.

461 DAPI - 4',6-diamidino-2-phenylindole, PBS - Gibco pH 7.4 phosphate buffered saline , IO - immersion

462 oil, IMS – industrial methylated spirit 95% ethanol.
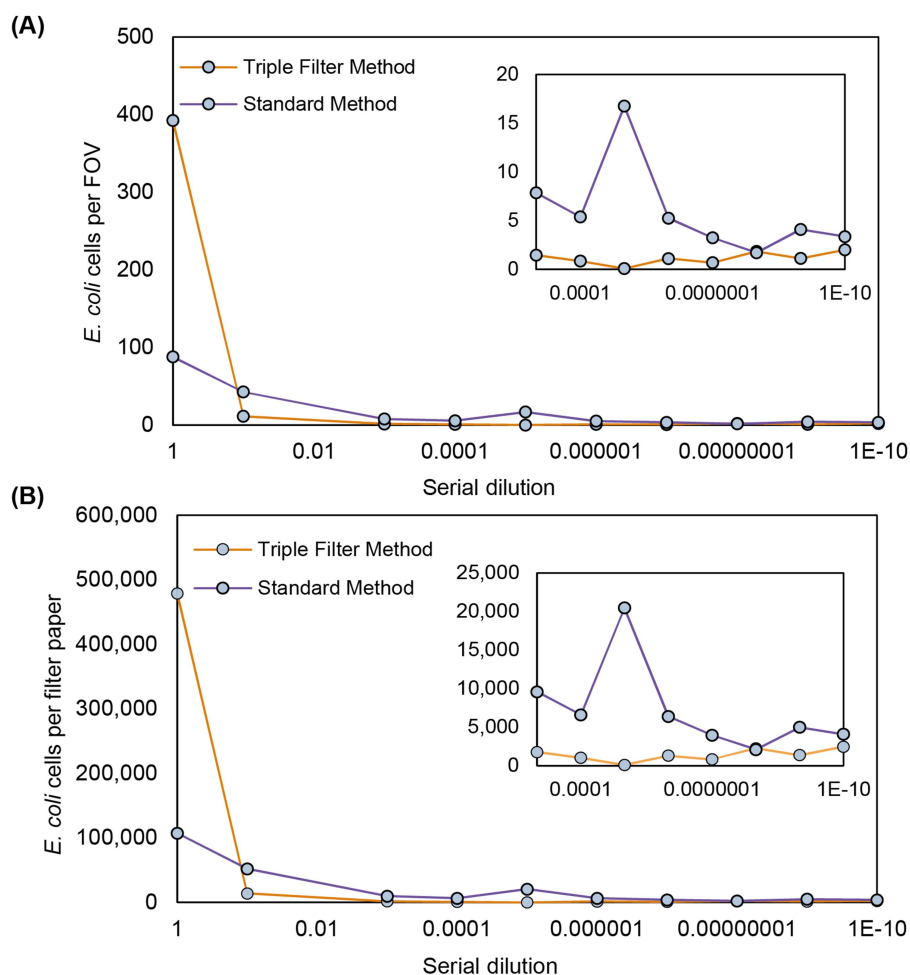
463

Figure 2 Calibration graphs of serial dilutions of *E. coli* to test background contamination levels. (A)

Average cells per FOV in a ten-fold dilution series using the standard method and the triple method.

(B) Average cells per filter paper in a ten-fold dilution series using the standard method and triple
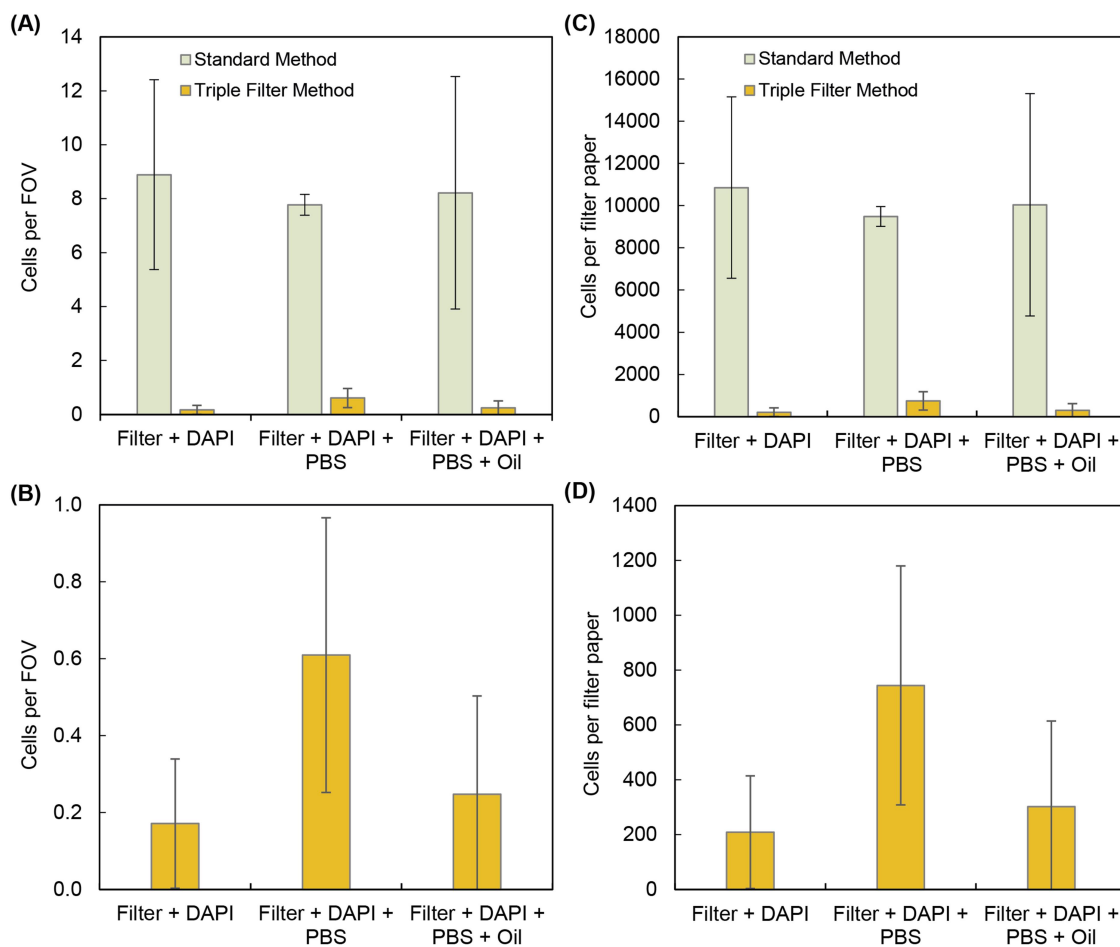
filter method.

Figure 3 (A) Average cells per FOV of cell mounting components at each stage of the cell mounting process. Error bars represent the standard deviation. (B) Cells per FOV of the triple filtered consumables only. (C) Average cells per filter paper of cell mounting components at each stage of the cell mounting process. Error bars represent the standard deviation. (D) Cells per filter paper of the triple filtered consumables only.