

# Northumbria Research Link

Citation: Dyer, Wendy (2013) Criminal Justice Diversion and Liaison Services: A Path to Success? *Social Policy and Society*, 12 (1). pp. 31-45. ISSN 1474-7464

Published by: Cambridge University Press

URL: <http://dx.doi.org/10.1017/S1474746412000188>  
<<http://dx.doi.org/10.1017/S1474746412000188>>

This version was downloaded from Northumbria Research Link:  
<http://nrl.northumbria.ac.uk/6856/>

Northumbria University has developed Northumbria Research Link (NRL) to enable users to access the University's research output. Copyright © and moral rights for items on NRL are retained by the individual author(s) and/or other copyright owners. Single copies of full items can be reproduced, displayed or performed, and given to third parties in any format or medium for personal research or study, educational, or not-for-profit purposes without prior permission or charge, provided the authors, title and full bibliographic details are given, as well as a hyperlink and/or URL to the original metadata page. The content must not be changed in any way. Full items must not be sold commercially in any format or medium without formal permission of the copyright holder. The full policy is available online: <http://nrl.northumbria.ac.uk/policies.html>

This document may differ from the final, published version of the research and has been made available online in accordance with publisher policies. To read and/or cite from the published version of the research, please visit the publisher's website (a subscription may be required.)

[www.northumbria.ac.uk/nrl](http://www.northumbria.ac.uk/nrl)



# Criminal Justice Diversion and Liaison Services: A Path to Success?

Wendy Dyer

Department of Social Sciences, Northumbria University  
E-mail: wendy.dyer@northumbria.ac.uk

---

*Diversion services for adult mentally disordered offenders are back in the limelight twenty years after their original development. This article argues there are a number of important lessons to be learnt. Services of this kind 'process' different people in different ways with different outcomes. Current developments therefore need to provide an holistic, patient-centred approach across the whole offender pathway, which meets the needs of different groups of people. What works for some might not work for others, but patterns can be mapped and good and bad pathways identified and used to inform good practice and service improvement.*

**Keywords:** Diversion, mental health, offenders, criminal justice, pathways.

## Introduction

Following the Bradley Report (Bradley, 2009) and current government publications (Ministry of Justice, 2010; HM Government, 2011) criminal justice liaison and diversion services (CJLDS) for adult mentally disordered offenders are back in the limelight twenty years after their original development.

The original aim of these services appeared straightforward: 'that mentally disordered offenders needing care and treatment should receive it from the health and personal social services rather than in custodial care' (Department of Health and Home Office, 1992: 7). However, this was not a simple or straightforward area. Service users could include those with mental illness, learning disability, personality disorder, substance misuse and more vague 'mental health problems'. Individual clients could be acutely ill (no previous psychiatric history), chronically ill (have a history of illness) or severely ill (come under the Mental Health Act 1983, now 2007). They could also be non-offenders (at risk of offending), alleged offenders (not convicted) or convicted offenders. Consequently, the practice of diversion services developed so that it could include diversion away from the criminal justice system (that is, not prosecuted but rather responded to differently), diversion away from custody (that is, finding a non-penal disposal) or diversion to services which would best meet need without necessarily requiring diversion from prosecution or even custody (that is, as a way of surfacing need and accessing services) (James, 1996; National Association for the Care and Resettlement of Offenders, 1993; Joseph, 1991).

Diversion services and their client group were negotiating a complex multi-agency offender health pathway – different people were being 'processed' in different ways with different outcomes. Failure to understand or support this complexity and the concomitant need for a patient-centred approach to the development of a coordinated pathway

has meant that professional interests (competition both within services and between agencies in terms of for example philosophical approaches, governance issues, budget and resources and priorities) in planning services have dominated. As a result, the fortunes of many CJLDS have waned – many services no longer exist and others are no longer recognisable as diversion services. The question is are we any more likely to witness the development of ‘successful, sustainable’ client-centred services the second time round? This article will examine the difficulties that occurred with the first wave of diversion services and consider the likelihood that the second wave will prove to be more successful.

### **Background – the first wave**

Custody Diversion Teams for Mentally Disordered Offenders began proliferating across England and Wales at the beginning of the 1990s following publication of Home Office Circular 66/90 (Home Office, 1990a), the Reed Report (Department of Health and Home Office, 1992), and Home Office Circular 12/95 (Home Office, 1995). The broad aim of these services was to divert mentally disordered offenders away from the criminal justice system and custody to care and treatment by health and social services because of concerns about failures in the policy of community care and the growing prevalence of psychiatric disorder in prison populations. Diversion was a humanitarian response to the care and treatment needs of offenders with mental health problems; it was an attempt to improve public protection and risk management by reducing the likelihood of re-offending; and it was a support mechanism providing expert knowledge and input to enable the smooth operation of the criminal justice pathway (National Association for the Care and Resettlement of Offenders, 1993).

The National Schizophrenia Fellowship (1999) found that CJLDS generally shared a number of objectives, including diverting mentally disordered offenders from prosecution by assessing them in police custody, and reducing the number serving a custodial sentence by providing information to the Crown Prosecution Service, Probation Service and courts. However, no national guidelines were published and the Social Services Inspectorate (SSI, 1997) discovered local variations had developed according to perceptions of need and the availability of dedicated resources.

### **Challenges for the first wave**

This first wave of diversion services did produce pockets of good practice. For instance, one multi-agency CJLDS established in the north east of England (NE CJLDS) in 1995 had adopted a broad definition of their client group (in order not to restrict access to the service they could provide) and offered a wide-ranging service from arrest to sentence. This meant that referrals did not necessarily fit neatly with the original diversion policy to divert individuals away from the criminal justice system and custody, and into a psychiatric hospital. Many of those referred to the NE CJLDS team did not have a severe mental disorder – a significant proportion were ‘misusing drugs and/or alcohol’ or had a non-severe ‘mental health problem’ – and did not require admission to hospital. Despite the fact that many were committing significant offences (violence against the person, burglary, theft, etc.), they were not necessarily at risk of a custodial sentence. A discontinuation of criminal proceedings was also not appropriate for most were not ill enough and had committed fairly serious offences. In other words, there was not one type of person

referred to the NE CJLDS team but instead many different types of people with different psychiatric and criminal histories. There was no one single aim but instead many different aims, including diverting people to health and social care whilst criminal charges were processed. There was not one type of outcome but instead many variations on outcomes, including admission to hospital and for some a prison sentence. In short, the NE CJLDS team 'tailored' their service to the needs of individual clients (Dyer, 2001).

However, despite some evidence of good practice, development of this first wave of diversion services faced four difficulties: national variability between services; geographical coverage and the lack of services provided in some areas; services which changed over time, losing their original focus; and the difficulties of demonstrating the effectiveness of these complex services.

Lack of government guidelines, competing professional interests and tensions inherent in multi-agency working led to national differences in the development of CJLDS models (National Association for the Care and Resettlement of Offenders, 2004; Brooker and Ullman, 2009; Pakes and Winston, 2009; James, 2010), including: single practitioners versus multi-agency schemes; part-time or on-call services compared with full-time dedicated teams; panel assessment schemes compared with front-line proactive teams; reactive compared with proactive screening; and variations in the services offered by a CJLDS which might include some or all of the following: mental health assessment in police stations, reports to court, providing recommendations on sentence and management, managing and sharing information with probation and prisons, short-term treatment and access to inpatient beds.

More recently, local and national surveys (Dyer, 2009a; National Association for the Care and Resettlement of Offenders, 2011) have again confirmed huge variations in coverage, size, composition, governance, funding arrangements and quality of services provided. According to the annually updated NACRO directory of criminal justice mental health liaison and diversion schemes in England and Wales, there are approximately one hundred liaison and diversion schemes operating at court, police station or both. At present there are 335 magistrates' courts in England, which means that at best only one third of magistrates' courts currently have liaison and diversion services. In addition, many police custody suites have no provision whatsoever.

These variations exist even within a single commissioning area. For example, a review of the NE CJLDS (Dyer, 2009a) discovered five schemes in operation; however, two large geographical areas (one rural, one urban) had no access to any CJLDS, either currently or historically. Only one of these schemes proactively screened those detained in police custody, the remainder relied on referrals or other methods of indirect screening. The benefits of proactive screening include higher levels of service user identification and engagement, whereas reactive or referral-based methods rely on police custody officers whose priorities often lie elsewhere. One of the schemes operated part-time only, with others providing a service on Monday to Friday, 9a.m. to 5p.m. Two of the schemes consisted of a single community psychiatric nurse (CPN) compared with another which offered three CPNs and an approved mental health practitioner (AMHP).

In addition to variations between services in relation to model of service provision and geographical coverage, changes have also occurred over time within existing CJLDS. For example, a review of the NE team described above, fourteen years after it was originally established (Dyer, 2009b), uncovered a very different service. Over the years, the team

had been subject to varying levels of interest and input from managers, as well as decisions about service operation and location and decreasing investment in terms of staff and other resources, all of which had impacted on service direction and delivery. The NE CJLDS was no longer operating as a 'diversion' service in the strictest sense, either in line with their original operational policy, which stated the aim of the service was to 'divert mentally disordered offenders away from the criminal justice system except when public interest required prosecution' (Morrison, 1995), or with previous government publications (e.g. Home Officer, 1990; Department of Health and Home Office (1992). The service no longer focused on people at the start of the criminal justice pathway (that is, in police stations or magistrates courts) when diversion from the criminal justice system or to an appropriate sentence remained an option. Instead the NE CJLDS were now providing a treatment service for clients of the local probation service who were already serving a community sentence. The service, while appreciated by local probation officers, focused at the end of the criminal justice pathway when having an impact on decisions to 'divert' was no longer an option.

As well as a lack of national direction, an additional issue which has threatened the development of CJLDS has been 'how could we evaluate the overall impact of such very diverse services?' For instance, in terms of the potential client group, Peay (2007) argues 'mentally disordered offenders ... are not a single, easily identifiable group' – mental illness comes and goes. A diagnosis of mental illness does not necessarily mean a lifetime of symptoms. A potential client group might include people who have a serious mental illness subject to detention and treatment under the Mental Health Act (2007) and those with more vague mental health and emotional problems, substance misuse and learning difficulties. Issues surrounding age, gender and ethnicity also complicate any attempt at evaluation. In terms of service provision, what worked for one individual might not work for others. There was no suggestion that there was a single 'good treatment'. Instead it was possible there would be a variety of ways of arriving at a good as opposed to bad outcome, but the problem was how to distinguish good pathways from bad? The aim of diversion was not always clear or straightforward, that is did it mean diversion from prosecution, or diversion to care and treatment by health and social services while prosecution continues? Unresolved tensions inherent across both the continuum of ordered–disordered behaviour and that of law abiding–law breaking behaviour acted to confuse the aims of CJLDS (Peay, 2007; Prins, 2010). Notions of care and treatment are usually reserved for those who are 'disordered', while demands for protection and punishment exist for those who offend. Just as the severity of mental health problems can vary as described above, so can the nature of the offence, from the minor to the very serious. Tensions between 'care or control', 'treat or punish' are confounded where disorder and offending exist side-by-side in one individual. As described earlier with the NE CJLDS, services of this type deal with many different types of people with different psychiatric and criminal histories, and as such they must contend with many different aims and many variations on outcomes. These variations and tensions must then have an impact on evaluation: what outcomes could or should be expected and how 'success' might be defined and measured.

There have been attempts to evaluate services, but results have varied according to the geographical location and model of scheme in operation (e.g. Holloway and Shaw, 1992; Joseph and Potter, 1993; Greenhalgh *et al.*, 1996; Purchase *et al.*, 1996; James, 2000; Riordan *et al.*, 2000; McGilloway and Donnelly, 2004). Because there was no

'definition of success', it was therefore difficult to determine if this early wave of diversion services were working or not.

### **Criminal justice liaison and diversion - the second wave**

The start of the second wave of interest in CJLDS began formally with the publication of the Bradley Report (Bradley, 2009). This was an independent review to determine to what extent offenders with mental health problems or learning disabilities could be diverted from prison to other services and what were the barriers to such diversion. A number of issues prompted the review, including continued concerns that the numbers of prisoners with mental health problems remain high and that prison can itself have a detrimental impact on mental health (Singleton *et al.*, 1998; Birmingham, 2003; Rickford and Kimmitt, 2005; HM Inspectorate of Prisons, 2007; Loucks, 2007; Prison Reform Trust, 2009). There were also arguments that public protection and reducing re-offending might be better served by addressing the multiple problems that many of the most persistent offenders face, such as poor health (Social Exclusion Unit, 2002). The Centre for Mental Health, Rethink and the Royal College of Psychiatrists (2011) argue that increasing evidence from international experience and from local schemes in this country suggests that well-designed interventions can reduce re-offending by 30 per cent or more. Growing concerns around the increasing cost of imprisonment also meant that alternatives which offered better 'value for money' became increasingly attractive. Two reports published subsequent to the Bradley Report have aimed to evidence the cost/benefit of CJLDS. Rethink and the Sainsbury Centre for Mental Health (2010) argue that even on fairly conservative assumptions the diversion of an offender with mental health problems from a prison sentence towards effective treatment in the community could result in savings to society of over £20,000 because of reductions in future offending, and the Centre for Mental Health, Rethink and the Royal College of Psychiatrists (2011) argue that while national coverage of CJLDS will cost £50 million per year, this will be offset by the increased use of cheaper community orders and reductions in re-offending. For example, it costs £4,200 for an intensive two-year community order, involving twice-weekly contact with a probation officer, eighty hours of unpaid work and mandatory completion of accredited anti-offending programmes, compared with £5,000 to keep someone in prison for six weeks.

Whether motivated by an ideological wish to drive down costs or to impact on the revolving door of re-offending, the current UK Coalition Government's 'Rehabilitation Revolution' aims to reduce the current prison population by 3,000 by 2014, part of which will be achieved by diverting mentally disordered offenders away from prison to more appropriate forms of treatment and punishment. *Breaking the Cycle* (Ministry of Justice, 2010), the government's Green Paper, along with the cross-government strategy *No Health Without Mental Health* (HM Government, 2011) describe the intention to continue the renewed focus on CJLDS. The importance of integrated care pathways and continuity of care are recognised throughout the mental health report. Perhaps in an attempt to resolve some of the challenges faced by the first wave of CJLDS, both publications describe plans to identify 'best practice, quantify the benefits and develop appropriate quality standards'. The government aims to achieve this by identifying a number of CJLDS 'pathfinder' pilot sites which will be subject to ongoing monitoring, research and evaluation. Roll out of a

national CJLDS implementation programme will follow an assessment of the success of these pathfinder projects.

### **Current practice and challenges for the second wave**

The current development of diversion services faces three key challenges: (1) CJLDS tend to be uncoordinated and to focus on discrete key stages of the offender pathway (pre-arrest, police custody, courts, prison and on release from prison) rather than the pathway as a whole; (2) despite (or more likely because of) the focus on stages, the services provided at each stage are problematic; and, (3) specific groups are receiving a particularly poor service.

A concern emerging from current literature (Winstone and Pakes, 2010), and based on observation of the reasons why earlier CJLDS struggled, involves the continued lack of overall coordination and planning across the offender health pathway and the role CJLDS have to offer in terms of managing patient-centred care. CJLDS tend to focus on 'key stages' in the offender pathway (e.g. police station or court), providing actions to meet the needs of the services at these discrete stages rather than adopting a patient-centred approach which recognises the impact of action on the longitudinal institutional careers (criminal justice, health and social care) of their clients. For instance, early intervention and prevention strategies and services are key in stopping the offender pathway developing further but are a much neglected part of service coordination and development. Reports suggest that the level of contact between the police and the mentally ill has increased substantially in recent years (Patch and Arrigo, 1999; Lamb and Weinberger, 2005; Price, 2005; Wells and Schafer, 2006; NPIA, 2008). A study carried out in Scotland to investigate police officers' views on their roles in dealing with people with mental health problems, and with mental health services (McClean and Marshall, 2010) reported a number of recurrent themes, including the problems and failures of collaborative working with health services. Pre-arrest diversion was recognised as an option by police officers – there may be no indication for arrest, and they did not want to arrest individuals unnecessarily – but gaps in health services or failures in collaborative working could result in inappropriate detention in police cells, an echo of the so-called 'mercy booking' reported in the USA (Watson *et al.*, 2008). Many early intervention and prevention services are already in place across the UK but appear piecemeal (Dyer, 2011a). There is no overall local or national knowledge or coordination of services at this stage of the offender health pathway. Consequently, sharing good practice is limited – what is being provided to whom with what effect? – and therefore it is not clear what or where the service or support gaps are.

In terms of the identification of mentally disordered offenders in police custody, Mckinnon and Grubin (2010) argue that a significant amount of health morbidity is present among detainees; however, current police screening procedures detect only a proportion of this. One solution would be to use various different screening strategies and tools to support the identification of those who might otherwise go undetected, including women, people with learning difficulties and those with dual-diagnosis (Jacobson, 2008; Scott *et al.*, 2009; Winstone and Pakes, 2010). However, again a lack of coordination and planning continues to cause problems in terms of standardising support and training provided to police officers, and determining what action should be taken following a positive screen.

CJLDS provision of support and information to the Probation Service and the Courts should prevent unnecessary requests for psychiatric reports and resulting additional costs and delays (Rethink and the Sainsbury Centre for Mental Health, 2010). Unfortunately, the provision of psychiatric reports continues to offer challenges and highlights tensions in the relationship between the criminal justice and healthcare systems. There are already a number of alternatives to custody, for example Community Orders with Mental Health Treatment Requirements (MHTR). However, according to a report by the Sainsbury Centre for Mental Health (Khanom *et al.*, 2009) few people were given a MHTR, despite two-fifths of people on community sentences having mental health problems. The report found that the purpose of the MHTR and the group of people to whom it can be given are not clear to sentencers, probation staff or health professionals. Long delays in the production of court psychiatric reports were a major barrier to the use of the MHTR, and without an offer of treatment from local services the courts could not make an MHTR. There was also widespread confusion among health, probation and court staff about how an MHTR can be breached and what should be the consequence. The authors argue:

The MHTR relies on good communication between the courts, probation and health services. Poor communication between health and probation services can hinder its effectiveness. Yet the court diversion and liaison teams that we encountered rarely played an active role in the operation of the MHTR. (Khanom *et al.*, 2009: 6)

For those mentally disordered offenders who do receive a custodial sentence, there are standardised prison reception practices and screening tools available (Carson *et al.*, 2003). However, it appears that they do not meet need, particularly in relation to the identification of those with learning difficulties (Durcan and Knowles, 2006). Individual prisons have made their own amendments or improvements to screening tools (Shaw *et al.*, 2009), but these lack overall coordination, planning and evidence of 'good practice'.

At the end of the pathway, as with the start, prison release and resettlement suffer from serious management neglect (Dyer *et al.*, 2010). As with early intervention, services are already in place across the UK, often provided by non-statutory, third-sector organisations. However, service availability appears piecemeal and with no overall knowledge or management, information sharing or sharing of good practice it is not clear what or where the service and support gaps are.

In addition to problems with lack of management coordination and planning, another problem which faces the current development of CJLDS is the failure to meet the needs of specific groups of mentally disordered offenders. For example, people with learning difficulties have a reduced chance of being identified at all key stages of the offender pathway because of the lack of 'expert' input from a forensic learning disability nurse, and screening and assessment tools which do not include items to support their identification (Jacobson, 2008; Shaw *et al.*, 2008; Beebe, 2010; Jones and Talbot, 2010; Department of Health, 2011). Issues surrounding dual-diagnosis (substance misuse plus a mental health problem) appear to be mirroring those which surrounded all mentally disordered offenders at the beginning of the 1990s, that is the patients no-one owns (Harris and Web, 1999). The literature suggests that the issue is not identification/screening or assessment, rather it is the fact that this group often falls between services – Substance Misuse and Mental Health (Scott *et al.*, 2009; Winstone and Pakes, 2010). In order for diversion and liaison services to work, there must be somewhere to divert to. The literature also confirms



a concern over the needs of women. Women, it is argued, have needs which are more than or sufficiently different from those of men so that they require dedicated service provision to increase chances of identification and engagement with assessment, support and treatment services (Corston, 2007; Hunter *et al.*, 2007; Scott *et al.*, 2009; Staddon, 2009; Hean *et al.*, 2010). However, such services are rarely provided.

### **Good practice suggestions for the second wave**

A review of the literature does provide numerous suggestions for good practice which could alleviate some of the problems which beset the first wave of diversion services. For instance, multi-agency commissioning and governance arrangements that manage and monitor a diversion team which has its own identity, a minimum of three practitioners and which provides a proactive, holistic service across the whole offender pathway (Winstone and Pakes, 2010).

A need for 'holism' or a holistic approach is a useful theme emerging from current literature. There is a recognition that mentally disordered offenders present with complex needs, which means that assessment, management and the provision of support and service input should not focus on any one element, such as mental health problems, or any one discrete or isolated stage, such as police station or court. Successful outcomes will be based on the identification of physical, mental and social needs, and the provision of an individualised support package which aims to improve overall emotional health and wellbeing. This means that the assessment process must be holistic, and access to services to divert people sufficiently varied but coordinated across the whole offender pathway (National Association for the Care and Resettlement of Offenders, 2005; Confederation of British Industry, 2009; Revolving Doors Agency, 2010; Winstone and Pakes, 2010). The Bradley Report (Bradley, 2009) suggests that the one service which could be common across the offender pathway are CJLDS. Improvements to the structure, function and coverage of these services therefore represents the single biggest opportunity for progress in this area. Bradley envisioned a new model of liaison and diversion services which he called 'Criminal Justice Mental Health Teams'. These teams would be responsible for managing continuity of care across the whole offender pathway (including community, police custody, courts, prison/community sentence and resettlement).

Finally, in terms of identifying success, perhaps one solution to the complex nature of the CJLDS process might be to identify and 'map' offender pathways (Williams and Dyer, 2009; Dyer, 2011b). Rather than focusing on discrete stages in the criminal justice process or activities undertaken by CJLDS, this method would adopt a case-centred approach and track individual journeys (including for those groups failed by current service provision) through the various stages in an attempt to uncover common types of pathways which lead to particular outcomes.

CJLDS 'process' different people in different ways. Therefore, there may not be only one type of outcome but many variations in outcomes for different people who have been processed in different ways. What worked for some might not work for others. This, Watson (1993) argued, renders inadequate any simple focus on clearly delineated and significant episodes. Instead, he suggested that what is needed is an attempt to understand the complex ways in which some individuals become channelled through particular institutional and extra-institutional careers. In a review of the international literature on the epidemiology of mentally disordered offenders, Badger *et al.* (1999)

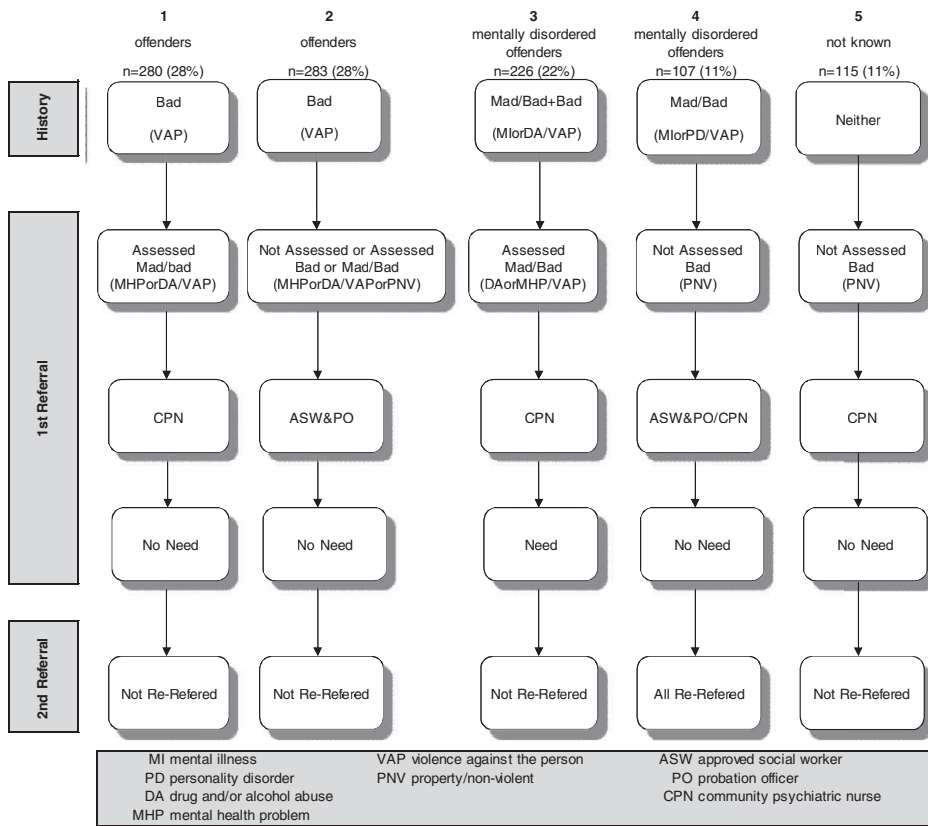


Figure 1. Career typology of individuals referred to the NE CJLDS (n = 1,011)

noted that long-term studies which track people or individual cases are rare. They therefore recommend that:

Studies of effectiveness of placements or interventions need to follow people systematically through systems and out into the community. For example, few studies track people clearly from an arrest process through charge and diversion or sentence to outcome of treatment or discharge to community. In the absence of comprehensive case registers linking conviction and psychiatric care, research studies are needed to map out the pathways followed by both those who are a success and those who are failures of current systems. (pp. 12–13)

This method has been trialled by a study using longitudinal data supplied by the NE CJLDS described earlier (Dyer, 2006). The research developed and applied an approach to data analysis based on time-ordered cluster analysis which made it possible to map out the pathways followed by individual mentally disordered offenders, and identify common patterns within those pathways. The aim was to identify and map the different institutional careers experienced by people referred to the team and the different paths their careers took as a consequence of the team’s actions. Five different types of career were identified (see Figure 1).

Careers 1 and 2 describe experiences of offenders – violent offenders with no psychiatric history who were referred, assessed by the community psychiatric nurses (Career 1), or the probation officer or social worker (Career 2) and diagnosed but had no health or social care needs identified and were not referred again. Careers 3 and 4 describe experiences of mentally disordered offenders – violent offenders with a psychiatric history half of whom (Career 3) were referred, assessed and diagnosed, had health or social care needs identified and were not referred again; the remainder (Career 4) were not assessed, nor did they have needs identified (possibly because they had committed less serious offences and were already in receipt of care and support) and consequently all were re-referred repeatedly. Career 5 represents neither – individuals referred for information and for whom little else is known.

A number of important and positive outcomes arose from this approach which had practical significance for the development of the service. For example, Career 4 represented a ‘revolving door’ outcome, where everyone was re-referred repeatedly to the diversion team. Future developments attempted to avoid this outcome by determining that everyone with a psychiatric and criminal history be assessed and their needs identified and met, regardless of the nature of their offending or the existence of current care packages. That said, acquiring a robust and reliable psychiatric and criminal history alongside an assessment of needs was not always easy or straightforward and was impacted by a number of issues including multi-agency working and information sharing across agencies, training and resourcing.

Defining outcomes was also problematic as previously discussed. The NE CJLDS activity involved screening, assessment, referral and signposting. ‘Diversion activity’ (for example, fewer people with mental health problems entering custody inappropriately, improving mental health, increasing social stability and reducing reoffending) happened and was recorded elsewhere. Consequently, the nearest outcome measure available to this longitudinal study to denote successful/unsuccessful pathways was re-referral/no re-referral (indicating diversion occurred post-discharge from the NE CJLDS or did not and resulted in a re-referral to the team).

These issues were problematic across the first wave of CJLDS and continue to cause concern for the success of the second wave. In particular, if diversion and liaison is to demonstrate that it ‘works’ and therefore justifies further investment, that will mean demonstrating some impact on expectations, including fewer people with mental health problems entering custody inappropriately, reducing reoffending and demonstrating potential savings. Defining and accessing reliable outcome data will be an imperative part of any attempt to map pathways for this second wave of CJLDS.

Mapping pathways within UK health and social care services is not a new concept. Integrated Care Pathway (ICPs) are clinician-led and driven, focussing on service users and best practice which aimed to have the right people doing the right thing, in the right order, at the right time, in the right place, to the right standard and with the right outcome. Emphasis is given to the importance of identifying and measuring ‘critical indicators’ – outcomes from interventions that make the biggest difference to ‘recovery’. Far from being linear, ICPs expect complexity in the form of variations and change as people move along the pathway. The causes of variations can be recorded and monitored over time, allowing the ICP to be altered to include or manage some of the most common reasons or risk factors. These events or actions can then be changed or removed. Variations should always lead to some kind of action. They are now used extensively across the

UK (Kings Fund, 2007), including an Offender Mental Health Care Pathway (Department of Health and National Institute of Mental Health in England, 2005). While not without their problems (Rees *et al.*, 2004; Croucher, 2005; McDonald *et al.*, 2006; Williams, 2009), the concept or ideas behind ICPs could also offer some solution to the tensions inherent in the provision of CJLDS, as well as ideas for more appropriate evaluation methodologies.

## Discussion

Are we any more likely to witness the development of 'successful, sustainable' services the second time round? Is it possible that the government and professionals will have learned the lessons from the first wave of diversion schemes and will ensure that the second wave is more effective?

Earlier problems arose because of national variability and geographical coverage of services, and services which changed over time and lost their original focus. To some extent this is currently being tackled by the governments pilot pathfinder project, the results of which will be followed by a national CJLDS implementation programme. However, the question is 'what model of service provision will be imposed?'

Ongoing key issues involve providing a service across the whole offender pathway, which meets the needs of different groups of people, and which effectiveness can be demonstrated. One solution to these problems offered in the literature suggests the need for an holistic, patient-centred approach. What government and professionals need to recognise if CJLDS are to fulfil their potential is that social services of this kind which 'process' people are by their very nature 'complex adaptive systems' (Byrne, 1998; Gleick, 1998). They process different people in different ways with different outcomes. This is not the same however as arguing that things are chaotic. The reality in which they operate is bounded – the health and criminal justice systems dictate possible inputs, actions and outcomes. Although the possible offender health pathways appear infinite, in reality patterns emerge (e.g. similar groups of people are more likely to be processed in a similar way with similar outcomes). These patterns can be mapped and good and bad pathways identified and acted upon in terms of identification of good practice or service improvement. The benefits of mapping pathways are likely to include reduced costs to the criminal justice system and improved services for offenders with mental health problems.

## References

- Badger, D., Nursten, J., Williams, P. and Woodward, M. (1999) *Systematic Review of the International Literature on the Epidemiology of Mentally Disordered Offenders*, York: NHS Centre for Reviews and Dissemination.
- Beebe, J. (2010) 'People with learning disabilities in the criminal justice system', *Nursing Standard*, 24, 38, 35–8.
- Birmingham, L. (2003) 'The mental health of prisoners', *Advances in Psychiatric Treatment*, 9, 3, 191–9.
- Bradley, K. (2009) *Lord Bradley's Review of People with Mental Health Problems or Learning Disabilities in the Criminal Justice System* (The Bradley Report), London: DoH.
- Brooker, C. and Ullmann, B. (2009) *Inside Out: The Case for Improving Mental Healthcare across the Criminal Justice System*, London: Policy Exchange.
- Byrne, D. (1998) *Complexity Theory and the Social Sciences*, London: Routledge.

- Carson, D., Grubin, D. and Parsons, S. (2003) *Report on New Prison Health Reception Screening Arrangement: The Result of a Pilot Study in Ten Prisons*, Newcastle: University of Newcastle.
- Centre for Mental Health, Rethink and the Royal College of Psychiatrists (2011) *Diversion: The Business Case for Action*, London: Centre for Mental Health.
- Confederation of British Industry (2009) *Raising the Bars: Make a Reality of Unified Offender Management*, London: Confederation of British Industry.
- Corston, J. (2007) *The Corston Report: A Review of Women with Particular Vulnerabilities in the Criminal Justice System*, London: Home Office.
- Croucher, M. (2005) 'An evaluation of the quality of integrated care pathway development in the UK National Health Service', *Journal of Integrated Care Pathways*, 9, 1, 6–12.
- Department of Health (2011) *Positive Practice Positive Outcomes: A Handbook for Professionals in the Criminal Justice System Working with Offenders with Learning Disabilities*, London: Department of Health.
- Department of Health and Home Office (1992) *Review of Health and Social Services for Mentally Disordered Offenders and Others Requiring Similar Services – Final Summary Report* (The Reed Report), London: HMSO.
- Department of Health and National Institute of Mental Health in England (2005) *The Offender Mental Health Care Pathway*, London: Department of Health.
- Durcan, G. and Knowles, K. (2006) *London's Prison Mental Health Services: A Review*, Policy Paper 5, London: The Sainsbury Centre for Mental Health.
- Dyer, W. (2001) 'The identification of the careers of mentally disordered offenders using cluster analysis in a complex realist framework', Ph.D. thesis, University of Durham.
- Dyer, W. (2006) 'The psychiatric and criminal careers of mentally disordered offenders referred to a custody diversion team in the United Kingdom', *International Journal of Forensic Mental Health*, 5, 1, 15–27.
- Dyer, W. (2009a) *Review of Criminal Justice and Liaison Services: North East Region*, Newcastle: Northumbria University and Prison and Offender Research in Social Care and Health (PORSCH).
- Dyer, W. (2009b) *The Cleveland Diversion Team: 14 Years On*, Newcastle: Northumbria University and Prison and Offender Research in Social Care and Health (PORSCH).
- Dyer, W. (2011a) *Criminal Justice Diversion and Liaison Services: Post-Bradley Update on 'Best Practice' Developments*, Newcastle: Northumbria University and Prison and Offender Research in Social Care and Health (PORSCH).
- Dyer, W. (2011b) 'Mapping pathways', in M. Williams and W. P. Vogt (eds.), *The SAGE Handbook of Innovation in Social Research Methods*, London: Sage.
- Dyer, W., Biddle, P. B. and Irving, A. (2010) *Mapping the Clinical Pathway from Prison Healthcare (HMP Holme House and HMP Kirk Levington) to Community Healthcare*, Newcastle: Northumbria University.
- Gleick, J. (1988) *Chaos: The Amazing Science of the Unpredictable*, London: Minerva.
- Great Britain (1983) *Mental Health Act 1983*, The Stationery Office.
- Great Britain (2007) *Mental Health Act 2007*, The Stationery Office.
- Greenhalgh, N. M., Wylie, K., Rix, K. J. B. and Tamlyn, D. (1996) 'Pilot mental health assessment and diversion scheme for an English metropolitan petty sessional division', *Medicine, Science and Law*, 36, 1, 52–8.
- Harris, R. and Webb, D. (1999) *Mentally Disordered Offenders: Managing People Nobody Owns*, London: Routledge.
- Hean, S., Heaslip, V., Warr, J., Bell, H. and Staddon, S. (2010) 'A women's worker in court: a more appropriate service for women defendants with mental health issues?', *Perspectives in Public Health*, 130, 2, 91–6.
- HM Government (2011) *No Health without Mental Health: A Cross-Government Mental Health Outcomes Strategy for People of all Ages*, London: Department of Health.

- HM Inspectorate of Prisons (2007) *The Mental Health of Prisoners: A Thematic Review of the Care and Support of Prisoners with Mental Health Needs*, London: HM Inspectorate of Prisons.
- Holloway, J. and Shaw, I. (1992) 'Providing a forensic psychiatry service to a magistrates' court', *Journal of Forensic Psychiatry*, 3, 1, 153–9.
- Home Office (1990) *Home Office Circular No.66/90, Provision for Mentally Disordered Offenders*, London: Home Office.
- Home Office (1995) *Home Office Circular No.12/95, Mentally Disordered Offenders: Inter-Agency Working*, London: Home Office.
- Hunter, G., Boyce, I. and Penfold, C. (2007) *Evaluation of Criminal Justice Liaison and Diversion Schemes: A Focus on Women Offenders*, London: The Institute for Criminal Policy Research, School of Law, King's College London.
- Jacobson, J. (2008) *No One Knows – Police Responses to Suspects Learning Disabilities and Learning Difficulties: A Review of Policy and Practice*, London: Prison Reform Trust.
- James, A. (1996) *Life on the Edge – Diversion and the Mentally Disordered Offender, Volume 2: Practice Report*, London: The Mental Health Foundation.
- James, D. (2000) 'Police station diversion schemes: role and efficacy in central London', *Journal of Forensic Psychiatry*, 11, 3, 532–55.
- James, D. (2010) 'Diversion of mentally disordered people from the criminal justice system in England and Wales: an overview', *International Journal of Law and Psychiatry*, 33, 4, 241–8.
- Jones, G. and Talbot, J. (2010) 'No one knows: the bewildering passage of offenders with learning disability and learning difficulty through the criminal justice system', *Criminal Behaviour and Mental Health*, 20, 1 1–7.
- Joseph, P. (1991) 'Mentally disordered offenders: diversion from the criminal justice system', *Journal of Forensic Psychiatry*, 1, 2, 133–8.
- Joseph, P. L. A. and Potter, M. (1993) 'Diversion from custody, I and II', *British Journal of Psychiatry*, 162, 325–34.
- Khanom, H., Samele, C. and Rutherford, M. (2009) *A Missed Opportunity? Community Sentences and the Mental Health Treatment Requirement*, London: Sainsbury Centre for Mental Health.
- Kings Fund (2007) *Care Pathways: Reading List*, London: The Kings Fund.
- Lamb, R. and Weinberger, L. (2005) 'The shift of psychiatric inpatient care from hospitals to jails and prisons', *Journal of the American Academy of Psychiatry and Law*, 33, 4, 529–34.
- Loucks, N. (2007) *The Prevalence and Associated Needs of Offenders with Learning Difficulties and Learning Disabilities: No One Knows*, London: Prison Reform Trust.
- McDonald, P., Whittle, C. L., Dunn, L. and Luc, K. de (2006) 'Shortfalls in integrated care pathways, part 1: what don't they contain?', *Journal of Integrated Care Pathways*, 10, 1, 17–22.
- McGilloway, S. and Donnelly, M. (2004) 'Mental illness in the UK criminal justice system: a police liaison scheme for mentally disordered offenders in Belfast', *Journal of Mental Health*, 13, 3, 263–75.
- McKinnon, I. and Grubin, D. (2010) 'Health screening in police custody', *Journal of Forensic and Legal Medicine*, 17, 4, 209–12.
- Mclean, N. and Marshall, L. A. (2010) 'A front line police perspective of mental health issues and services', *Criminal Behaviour and Mental Health*, 20, 1, 62–71.
- Ministry of Justice (2010) *Breaking the Cycle: Effective Punishment, Rehabilitation and Sentencing of Offenders*, London: The Stationery Office.
- Morrison, A. (1995) *Cleveland Diversion Team Operational Policy*, Middlesbrough: Cleveland Inter-Agency Steering Group for Mentally Disordered Offenders.
- National Association for the Care and Resettlement of Offenders (1993), *Diverting Mentally Disturbed Offenders from Prosecution*, Mental Health Advisory Committee, London: NACRO.
- National Association for the Care and Resettlement of Offenders (2004) *Findings of the 2004 Survey of Court Diversion/Criminal Justice Mental Health Liaison Schemes for Mentally Disordered Offenders in England and Wales*, London: NACRO.

- National Association for the Care and Resettlement of Offenders (2005) *Findings of the 2004 Survey of Court Diversion/Criminal Justice Mental Health Liaison Schemes for Mentally Disordered Offenders in England and Wales*, London: NACRO.
- National Association for the Care and Resettlement of Offenders (2011) *Nacro Directory of Criminal Justice Mental Health Liaison and Diversion Schemes in England and Wales*, London: NACRO.
- National Policing Improvement Agency (2008) *Review of Literature on Mentally Disordered Offenders*, London: National Policing Improvement Agency.
- National Schizophrenia Fellowship (1999) *National Diversion and Liaison Scheme Register*, London: National Schizophrenia Fellowship.
- Pakes, F. and Winstone, J. (2009) 'Effective practice in mental health diversion and liaison', *The Howard Journal of Criminal Justice*, 48, 2, 158–71.
- Patch, P. and Arrigo, B. (1999) 'Police officer attitudes and use of discretion in situations involving the mentally ill', *International Journal of Law and Psychiatry*, 22, 1, 23–35.
- Peay, J. (2007) 'Mentally disordered offenders', in M. Maguire, R. Morgan and R. Reiner (eds.), *The Oxford Handbook of Criminology*, Fourth edition, Oxford: Oxford University Press.
- Price, M. (2005) 'Commentary: the challenge of training police officers', *Journal of the American Academy of Psychiatry and the Law*, 33, 1, 50–4.
- Prins, H. (2010) *Offenders, Deviants or Patients?: Explorations in Clinical Criminology*, London: Routledge.
- Prison Reform Trust (2009) *Too Little, Too Late: An Independent Review of Unmet Mental Health Need in Prison*, London: Prison Reform Trust.
- Purchase, N. D., McCallum, A. K. and Kennedy, H. G. (1996) 'Evaluation of a psychiatric court liaison scheme in north London', *British Medical Journal*, 313, 531–2.
- Rees, G., Huby, G., McDade, L. and McKechnie, L., (2004) 'Joint working in community mental health teams: implementation of an integrated care pathway', *Health and Social Care in the Community*, 12, 6, 527–36.
- Rethink and Sainsbury Centre for Mental Health (2010) *The Diversion Dividend: Interim Report*, London: Rethink, Sainsbury Centre for Mental Health.
- Revolving Doors Agency (2010) *Towards a Shared Future*, London: Revolving Doors Agency.
- Rickford, D. and Kimmitt, E. (2005) *Troubled Inside: Responding to the Mental Health Needs of Men in Prison*, London: Prison Reform Trust.
- Riordan, S., Wix, S. and Kenny-Herbert, J. (2000) 'Diversion at the point of arrest: mentally disordered people and contact with the police', *Journal of Forensic Psychiatry*, 11, 3, 683–90.
- Scott, D., McGilloway, S. and Donnelly, M. (2009) 'The mental health needs of women detained in police custody', *Journal of Mental Health*, 18, 2, 144–51.
- Shaw, J., Senior, J., Hassan, L., Weston, J., King, D. and Mwasambilli, N. (2008) *An evaluation of the reception screening process used in prisons in England and Wales*, Manchester Offender Health Research Network.
- Singleton, N., Meltzer, H. and Gatward, R. (1998) *Psychiatric Morbidity Among Prisoners in England and Wales*, London: The Stationery Office.
- Social Exclusion Unit (2002) *Reducing Re-offending by Ex-prisoners*, London: HMG Cabinet Office.
- Social Services Inspectorate (SSI) (1997) *Services for Mentally Disordered Offenders in the Community*, London: Department of Health.
- Staddon, S. (2009) *South West Court Mental Health Assessment and Advice Pilot Final Report*, London: Her Majesty's Court Service.
- Watson, A. C., Morabito, M. S., Draine, J. and Ottati, V. (2008) 'Improving police responses to persons with mental illness: a multi-level conceptualization of CIT', *International Journal of Law and Psychiatry*, 31, 4, 359–68.
- Watson, W. (1993) 'Future directions for research', in W. Watson and A. Grounds (eds.), *The Mentally Disordered Offender in an Era of Community Care*, Cambridge: Cambridge University Press, pp. 191–200.

- Wells, W. and Shafer, J. A. (2006) 'Officer perceptions of police responses to persons with a mental illness', *Policing: An International Journal of Police Strategies and Management*, 29, 4, 578–601.
- Williams, I. (2009) 'Offender health and social care: a review of the evidence on inter-agency collaboration', *Health and Social Care in the Community*, 17, 6, 573–80.
- Williams, M. and Dyer, W. (2009) 'Single-case probabilities', in D. Byrne and C. Ragin (eds.), *The Sage Handbook of Case Based Methods*, London: Sage.
- Winstone, J. and Pakes, F. (2008) *Report on National Criminal Justice Mental Health Team Audit (England)*, London: Department of Health.
- Winstone, J. and Pakes, F. (2010) *Liaison and Diversion: Best Practice Assessment – Offender Health*, London: Department of Health.