



### Confidential Gossip and Organization Studies

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Abstract:	This essay sets out the case for regarding confidential gossip as a significant concept in the study of organizations. It develops the more general concept of gossip by combining it with concepts of organizational secrecy in order to propose confidential gossip as a distinctive communicative practice. As a communicative practice, it is to be understood as playing a particular role within the communicative constitution of organizations. That particularity arises from the special nature of any communication regarded as secret, which includes the fact

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	that such communication is liable to be regarded as containing the 'real truth' or 'insider knowledge'. Thus it may be regarded as more than 'just gossip' and also as more significant than formal communication. This role is explored, as well as the methodological and ethical challenges of studying confidential gossip empirically.

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## Confidential Gossip and Organization Studies

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## Confidential Gossip and Organization Studies

A: *Can we talk?*

B: *Yes, what is it?*

A: *The position that was recently announced at your place, is it earmarked for somebody?*

B: *Yes, kind of, it is a promotion case, I think. Not 100% sure, but that's what I hear.*

A: *Ok, thanks. Can I ask you a favour?*

B: *Sure.*

A: *Please keep it to yourself that I asked, I don't want people at my department to know that I'm looking elsewhere.*

B: *No problem. In fact, I shouldn't really have told you what I heard, so that's just between us, OK?*

A: *Of course.*

## Introduction

In everyday organizational life people informally tell, are told, or ask for all kinds of information. As is the case in the stylized piece of conversation above, sometimes and probably often, they ask or are asked not to share it. So it's confidential. But the information shared is not very definite, is not official, and is based on hearsay. So it's gossip. How can we understand such commonplace interactions and why do they matter for studying organizations? This essay makes the case that the concept of *confidential gossip* enables us to understand these interactions. It also makes the case that they have an importance because of their particular role in talking organization and organizing into reality.

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3 The particularity of that role arises because, confidential gossip is, itself, a particular kind of  
4 gossip. By no means all gossip is confidential (e.g. gossip about celebrities), whilst by no means  
5 all that is confidential takes the form of gossip (e.g. medical records). When it is confidential,  
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8 it can have more power than gossip in general because, as we will develop, confidentiality is a  
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10 form of secrecy, and secrecy carries a special charge, for example in being assumed to be ‘the  
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15 real insider’s’ knowledge.  
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19 Gossip in general is an activity that is surprisingly common. Gossip is estimated to account for  
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21 two thirds of all conversational time (Dunbar, et al., 1997; Emler, 1994) and is a major engine  
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23 for social networks – indeed it is even claimed to be “at the core of human social relationships”  
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25 (Waddington, 2016, p.811; see also Grosser, et al., 2010). From this perspective, gossip is far  
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27 more than just being something that circulates within the confines of the organization. Rather,  
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29 it is a fundamental part of what Gabriel (1995) calls the unmanaged organization: a kind of  
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31 organizational hinterland where affects, dreams, fantasies, myths, and stories reside and  
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33 animate organizing and the organization.  
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39 In our argument, (confidential) gossip contributes to the construction and constitution of the  
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41 organization itself. This is built upon the constitutive understanding, rather than the  
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43 transmission view (i.e. ‘sender-message-receiver’), of communication in organization. We  
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45 suggest that since confidential gossip, like gossip in general, is a form of communication in  
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47 organizations then the way to understand its significance is by engagement with the idea that  
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49 communication is constitutive of organizations, also known as the CCO perspective (e.g.  
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51 Ashcraft, et al., 2009; Schoeneborn, et al., 2019). However, since unlike gossip in general  
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53 confidential gossip is a form of secrecy, its contribution to CCO is of a distinctive sort.  
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3 Overall, the essay makes two main contributions. First, it extends existing scholarship on  
4 organizational gossip by showing how secret or confidential gossip is a distinctive sub-category  
5 of gossip that has particular implications for the communicative constitution of organizations.  
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10 Second, it provides a methodological platform upon which future empirical studies of  
11 confidential gossip may be conducted.  
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17 We begin the analysis by discussing gossip as a concept in organization studies. We then  
18 combine that with a discussion of secrecy in organization studies in order to generate the  
19 concept of confidential gossip. Having done so, we develop the argument that confidential  
20 gossip is important for organizations and their study because of its particular role within the  
21 communicative constitution of organizations. Finally, we discuss the practical and ethical  
22 difficulties entailed in the empirical study of confidential gossip in organizations.  
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### 33 **What is Gossip?**

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35 Gossip is one of the most basic but perhaps one of the most misunderstood forms of  
36 communication. At its core, gossip involves a minimum of two people, engaged in conversation  
37 about things that in epistemological terms exists in the space between ‘known knowns’ and  
38 ‘known unknowns’ – a conversation solidly based on hard facts would not usually be  
39 considered as gossip, nor would a conversation about pure fantasy.  
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49 Within this space, what ‘counts’ as gossip is not simply about the content, but more importantly  
50 the context in which it occurs. As Hannerz (1967, p.36) points out, “the communication that  
51 Mrs A’s child is illegitimate is not gossip if it is occurring between two social workers acting  
52 in that capacity, whilst it is gossip if Mrs A’s neighbours talk about it”. It is the relational  
53 dimensions of gossip (Bergmann, 1993, p.48) that enable us to determine whether it is gossip  
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3 or not. Contexts of gossip are, thus, themselves products of accumulated communication,  
4 memories and relations, sedimented into patterns of interpretations and presuppositions that we  
5 employ to understand social realities (see Stewart & Strathern, 2004).  
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12 Gossip has long been understood as part of informal communication (Paine, 1967, p.293, see  
13 also Bok, 1982). Organizationally it is linked to the “informal communication network” (Noon  
14 & Delbridge, 1993, p.23) and more generally to the “informal structures of organizations”  
15 (1993, p.24). Importantly, Mills (2010) points out that gossip is nevertheless embedded in,  
16 affects, and is affected by, formal organizational processes. This does not mean that gossip  
17 itself is not an informal practice (‘formal gossip’ would be an oxymoron) but that, as  
18 organization theorists have long known, formal and informal organization are not discrete  
19 domains (see for example Diefenbach & Sillince, 2011). This is significant for our argument  
20 here because it means that (confidential) gossip may have a role in the constitution of formal  
21 as well as informal organization.  
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38 Because gossip involves at a minimum two people, it is a social process that can be understood  
39 at interpersonal, group, and organizational levels and, importantly, as operating at the  
40 conjunction of and across these levels (Michelson, et al., 2010). That matters, here, because it  
41 relates to the capacity of gossip to play a role in the communicative constitution of  
42 organizations. Much of the literature on gossip emphasizes social comparison (e.g. Suls, 1997;  
43 Wert & Salovey, 2004) as one aspect of the wider issue of how gossip helps organizational  
44 members make sense of ‘how things are done around here’ (e.g. Baumeister, et al., 2004;  
45 Grosser, et al., 2010), and to understand appropriate ways of behaving within a particular social  
46 setting (e.g. Wert & Salovey, 2004). Several studies have also shown another aspect of such  
47 constitution where gossip acts as a vehicle to transmit group norms, values, and moral  
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3 principles (e.g. Paine, 1967; van Iterson, et al., 2011). In particular, gossip can mark out a  
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5 group's social boundaries (e.g. Hannerz, 1967; Rosnow & Foster, 2005), constructing the  
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7 awareness that "... 'we' do not gossip with any 'they' but among ourselves only" (Paine, 1967,  
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9 p.282). In this sense, gossip is intimately linked with the socialization and construction of  
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11 groups (which might be groups within organizations, or the organization as a group in its own  
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13 right), and mark those who are insiders from those who are outsiders.  
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19 Whilst these studies are concerned with what might broadly be thought of as the 'integrative'  
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21 possibilities of gossip (i.e. its role in bringing people together), other studies have shown its  
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23 potentials as a manipulative tool (Rosnow, 1977, p.159). The former shows how gossip can  
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25 play a role within organizational politics and power-play (e.g. Feldman, 1988), including as a  
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27 way of exposing or resisting power and inequality (e.g. Meyer Spacks, 1985). The latter relates  
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29 to how gossip can shape others' impression of oneself (e.g. Suls, 1977) or to construct and/or  
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31 reconstruct the image of a third party (e.g. van Iterson, et al., 2011). Finally, it should not be  
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33 forgotten that gossip in organizations can also provide pleasure and entertainment, generating  
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35 excitement, enjoyment or relaxation (e.g. Foster, 2004; van Iterson, et al., 2011). It may also  
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37 create displeasure, anger, or a sense of exclusion for those who are the target of, or are not  
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39 privy to, gossip.  
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47 In this sense gossip, as a form of communication, is not merely passed on within an  
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49 organization or organizational realities, rather, it contributes to the processes of how organizing  
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51 and organization are 'coming into being' through communicative practices (e.g. Ashcraft, et  
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53 al., 2009). Such constitution is distinctively formed through the paradox of particular gossip  
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55 where confidentiality plays a significant role at its organization: it is not meant to be shared  
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57 (e.g. 'among ourselves only') and yet leakage is inevitable. This reflects the fundamental  
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3 question of CCO as to how language and communication are part of the creation of the social  
4 world: the ontogenesis of organization and organizing as such (Schoeneborn, et al., 2019).  
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6 Among other things, CCO research empirically look at how different devices – such as tropes,  
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8 lists, figures, models and other – in different modes – persuading, informing, bullshitting,  
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10 gossiping – are used in actual conversations and unfold their constitutive and formative role in  
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12 organizing collectives (Schoeneborn, et al., 2019).  
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20 Schoeneborn et al. (2019) suggest that this is performed in three specific ways: communication  
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22 as constitutive of (a) *organization* as a social entity or actor, (b) *organizing* as a social practice  
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24 or process, and (c) *organizationality* as an attribute or degree. The first way engages with the  
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26 tension between communication as a process and organization as an entity. Organization is  
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28 understood as an emergent and ever-fluctuating network of interlocking communication  
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30 processes, rather than merely a container of communication. The second way takes an interest  
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32 in the intersection between communication as a process and organizing as flows of practice,  
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34 focusing on how for example initiatives, rituals and policies are continuously talked and written  
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36 into being, edited and erased. The third way attempts to move beyond standard forms of  
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38 organization and organizing, widening the gamut into networks, markets, social movements,  
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40 communities, and so on. It is animated by the question of what makes these phenomena more  
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42 or less ‘organizational’ (Dobusch & Schoeneborn, 2015; see also Blagoev, et al., 2019). Gossip  
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44 may be involved in all of these processes, but, as we will argue later, may play a particular role  
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46 for organizationality.  
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### 54 **Introducing confidential gossip**

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56 Our fundamental definition of confidential gossip is that it is that activity where gossip and  
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58 secrecy overlap. This means it has some characteristics that are not present for all kinds of  
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3 gossip (as well as lacking the characteristics of some kinds of secrecy, e.g. it has no legal  
4 enforcement). Regarding the former, we will argue that this characteristic renders it especially  
5 potent because secrecy has significant effects in terms of bestowing a sense of belonging to an  
6 in group, and also in generating a sense that the information being shared has a particular  
7 veracity. Gossip is, manifestly, a form of communication. Confidential gossip, for all that it  
8 entails secrecy, is also a form of communication, undertaken according to particular rules  
9 concerning who may and may not be communicated with, and about what.

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21 Recent scholarship in organization studies has identified secrecy as an important aspect of  
22 organizational life (Costas & Grey, 2014, 2016; Parker, 2016; Scott, 2015) and yet an  
23 underdeveloped area of analytical investigation (e.g. Anand & Rosen, 2008; Jones, 2008). The  
24 philosopher of secrecy Sissela Bok points to the etymology of secrecy and secrets as deriving  
25 from *secretum* and ultimately *secernere* meaning to separate or keep apart, and for this reason  
26 regards concealment as the defining trait of secrecy. Yet Bellman (1984, p.10) stresses a  
27 paradox surrounding practices of secrecy as its essential contradiction that “the informant who  
28 is telling a secret either directly or tacitly makes the claim that the information he or she speaks  
29 is not to be spoken”. In this sense, secrecy is embedded with the inextricable dialectics between  
30 the withdrawal and the communication of knowledge (Horn, 2011). It is both known and  
31 unknown, both silent and communicable, to different groups and identities of people.

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49 This dual character points to the way that the formation and maintenance of secrecy entails the  
50 construction and reconstruction of social relations and behaviour. In this way, as Costas and  
51 Grey (2016) argue, secrecy makes and shapes organizations by creating ‘compartments’ within  
52 which there is shared knowledge and around which there are boundaries, so that there are  
53 insiders and outsiders of secrecy according to who is in possession of secrets and who is

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3 excluded from them. In doing so, secrecy constitutes organization by constructing a ‘hidden  
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5 architecture of organizations’ (Costas & Grey, 2016; see also Parker, 2016).  
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10 Unlike formal secrecy, enforced by laws and official organizational rules, informal secrecy is  
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12 unofficially operated and maintained by social rules and norms (Costas & Grey, 2016).  
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14 Informal secrecy has audience and contexts with “logics of making and unmaking particular to  
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16 these contexts” (Hardon & Posel, 2012, p.53). The ‘logics’ are constituted by and constitute  
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18 the complex rendering of social relations such as membership, allowing different ways of  
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20 selecting, presenting, interpreting, and identifying ‘us’ and ‘them’. Therefore, informal secrecy  
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22 is able to form, maintain, and/or split cliques and networks between and within the units of an  
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24 organization that may cut across the formal organizational structure (Parker, 2000).  
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26 Participating in informal secrecy can offer opportunities and tensions to explore networking  
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28 and social capital in organizations by being part of the ‘right network’, which can provide an  
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30 individual with first-hand information about upcoming projects and career opportunities.  
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32 However, when informal secrecy brings social differentiation, it simultaneously requires the  
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34 differentiation to be maintained, despite the “seductive temptation [of breaking] through  
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36 barriers by gossip or confession” (Simmel, 1950, p.466). Hence, when informal secrecy is  
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38 created to serve certain purposes and to protect vulnerabilities, it is itself vulnerable to betrayal.  
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47 While studies of workplace gossip have indicated its ‘non-triviality’ in organizational  
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49 processes, they do not have a specific focus upon, although they do sometimes touch on, gossip  
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51 as a form of secrecy (e.g. Kurland & Pelled, 2000, p.432; Michelson, et al., 2010, p.380).  
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53 Confidential gossip can be regarded as having all of the various characteristics of gossip  
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55 identified in the literature discussed above, but with the additional feature of being shared as a  
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57 form of informal secrecy. Costas and Grey (2016, p.93-97) suggest that this entails the use of  
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3 particular verbal and non-verbal cues which highlight the confidentiality of a particular  
4 exchange of gossip. Phrases such as ‘you must keep this to yourself’, ‘this is just between us’  
5 or ‘within these four walls’ are all common examples of such cues. Non-verbal cues might  
6 include facial gestures or the lowering of the voice. Confidential gossip might be exchanged  
7 with a particular injunction about who it can and cannot be shared with (e.g. ‘don’t tell X’) but  
8 more generally participants may be assumed to know with whom it is appropriate or  
9 inappropriate to share the gossip (Costas & Grey, 2016, p.97).

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12 The distinction between gossip and confidential gossip is sometimes a hazy one, but it is  
13 meaningful. It is true that many studies link gossip to discussion of absent third parties, which  
14 might denote some degree of confidentiality (i.e. with respect to that third party). But even that  
15 is not necessarily the case: it is quite possible conceptually, and no doubt common empirically,  
16 for X and Y to gossip about Z (‘have you heard that Z is getting married?’) and for Y to then  
17 discuss this with Z (‘I hear you are getting married’). Gossip becomes confidential when it  
18 involves marked boundaries surrounding the shared knowledge and the processes of guarding  
19 the boundaries (‘don’t tell Z, but s/he is going to get the sack’). Equally, gossip about third  
20 parties might be confidential not with respect to the third party but to a fourth party (‘have you  
21 heard, Z is getting promoted but don’t tell A, because s/he will be envious’).

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24 It is therefore most certainly not the case that gossip always carries a connotation of secrecy or  
25 confidentiality. For it is easy to identify some cases of gossip which are not confidential at all  
26 (e.g. workmates gossiping about celebrities) and other cases where there is a strong expectation  
27 that the information will be rigorously guarded (e.g. gossip about deeply personal or criminal  
28 matters). But between these extremes there may well be a lack of clarity about exactly who can  
29 and cannot be included in gossip. Very often gossip is passed on in the full knowledge that it

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3 will be spread further. Even gossip accompanied with the injunction ‘don’t tell anyone’ might  
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5 within context contain a tacit understanding that this means ‘you can tell X but don’t tell Y’.  
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7 This means that gossip may become “secret” depending on who is being spoken to (Michelson,  
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9 et al., 2010, p.380), and so the line between confidential gossip and gossip is both context-  
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11 dependent and mutable. It is, nevertheless, a line the strength of which will be indicated by the  
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13 wording of way the gossip is communicated and the extent of its overtness.  
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19 The use of verbal markers to denote confidentiality does not in itself tell us why this is being  
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21 done (i.e. what it is about the information being shared that makes it sensitive), only that, for  
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23 whatever reason, it is. Horn (2011, p.108-109) identifies the three “logics of secrecy” of which  
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25 the first is, indeed, that of *secretum*, or locking away, the second is *arcanum*, also meaning  
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27 locking away but connoting the hiding of something special, and the third is *mysterium*, an  
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29 almost supernatural sense of what is hidden such that has the capacity to “elicit awe”  
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31 (Luhmann, 1989, p.138).  
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38 Thus making gossip secret *itself* communicates something over and above whatever  
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40 information may be shared: the very fact of it being secret (*secretum*) communicates that this  
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42 is some ‘special’ sort of information (*arcanum*), perhaps even something ‘magical’  
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44 (*mysterium*). By extension, it may suggest to those who are (and who are not) included in the  
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46 secret that they are (or are not) special sorts of people. The consequence of this is that although  
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48 confidential gossip has all of the characteristics of gossip with the addition of secrecy, it does  
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50 not follow that those characteristics are unchanged as a result of secrecy being added. In other  
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52 words, confidential gossip is not *just* ‘gossip plus confidentiality’. It becomes qualitatively  
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54 different from gossip in general. Put another way, confidentiality meaningfully changes the  
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3 character of the content of the gossip. The cloaking of secrecy makes it more meaningful,  
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5 intense, important or otherwise consequential.  
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10 Simmel's (1906/1950) central insight that secrecy powerfully shapes social relations by  
11 creating insiders and outsiders who share (or are excluded from) very strong bonds is crucial  
12 here (see also Costas & Grey, 2014, 2016; Dalton, 1959; Schein, 1985). Secrecy has a mystique  
13 about it, generating a sense of exclusiveness amongst those who share secrets but also a  
14 temptation to hint at knowledge of secrets in order to boost a sense of importance. When there  
15 is the 'thrill' of secrecy, the pleasure of gossiping can be intensified. Conversely, when secrets  
16 are revealed, the sense of anger, loss or betrayal can be significant.  
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28 In relation to confidential gossip this means that the various things that gossip 'does' in  
29 organizations are likely to be inflected differently and perhaps heightened when confidentiality  
30 is added to the mix. For example, gossip about 'the way things are done around here' might be  
31 taken especially seriously if it is shared with an imprecation to confidentiality because the  
32 mystique of secrecy means that it is more likely to be regarded as more real and true as "the  
33 'truth' behind the 'truth'" (Stewart & Strathern, 2004, p.38): If the things being kept concealed  
34 were not important or special, why would they be confidential? In this way, even though  
35 confidential gossip may be perceived as more invasive or destructive than gossip, people might  
36 accept or perhaps even encourage it as it can be a form of 'triangulation' of what is open  
37 knowledge, exploring what is going on 'behind the scenes' and supplementing certain  
38 understanding of organizational life. For example, a new joiner to an organization might be  
39 told one thing in a formal induction session but then told, in confidence, that the reality is rather  
40 different, and would be likely to take this as the 'real truth'.  
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3 While confidential gossip constructs a strong and ‘aristocratic’ sense of ‘us’ as insiders, the  
4 formation of groups is built alongside the possibilities of their ‘de-formation’ or collapse. The  
5 emotional pleasure of belonging also carries with it a vulnerability. For the individual, that  
6 includes the possibility of themselves being the subject of confidential gossip amongst others,  
7 or the things that they have confided being repeated without their knowledge or agreement. In  
8 this sense, confidential gossip circles, similar to other secretive groups, are “emotionally tightly  
9 knit...[partially as] the direct result of the cost of betrayal” (Luhmann, 1989, p.160)  
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21 With its emotional connectivity and tensions, confidential gossip enables gossip producers  
22 along with other participants to manage communication topics and trajectories and to influence  
23 (individual and) group identification. Such management might be achieved through forming  
24 ‘strategic ambiguity’ (Eisenberg, 1984) that facilitates indirectness and avoidance of  
25 communication (e.g. Hallett, et al., 2009) and leaves room for ongoing adjustment of evaluation  
26 that shapes communication trajectories. In this way, evaluation could – at first – be constructed  
27 implicitly (Hallett, et al., 2009), for as Bergmann (1992, p.154) “the delicate character of an  
28 event is constituted by the very act of talking about it cautiously”. In the process of developing  
29 and shaping directions of evaluations (e.g. praise or criticism of particular behaviour),  
30 confidential gossip generates ‘organizing properties’ (Christensen, et al., 2017) that stimulate  
31 participants’ ongoing discussions and learning about what ‘appropriateness’ means *to them*.  
32 Because of the mystique of secrecy, knowledge imparted as secrets about what ‘we’ are and  
33 what ‘they’ are is more likely to be taken as *the* reality and therefore to have an especially  
34 strong impact upon group (and individual) identity recognition. By talking a specific sense of  
35 ‘appropriateness’ into existence, confidential gossiping regulates group behaviour, which in  
36 turn reinforces a sense of characterization and identification for being ‘us’ and not like ‘them’.  
37 This process might also create identification tensions for some participants whose situated  
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3 understanding of ‘appropriateness’ are competing with the shared understanding (Winkler, et  
4 al., 2020), leading to the weakening or even the breaking of social bonds. In this sense,  
5 confidential gossip can be a source of (generating and expressing) dissent and simultaneously  
6 a way of its management.  
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14 This means that information which is particularly controversial, or resistant to power structures,  
15 or sensitive in some other way, can be shared amongst participants whilst being kept from  
16 others. In this sense, we might expect confidential gossip to be especially prevalent in particular  
17 organizational contexts where open communication is for some reason difficult or discouraged.  
18 Examples might include organizations which have a culture of bullying, or where there are  
19 high levels of conflict and politicization. This is both because confidential gossip can protect  
20 participants from bullying and conflict, and also because it can be a vehicle for these things to  
21 occur (e.g. Crothers, et al., 2009; Feldman, 1988).  
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35 From the perspective developed here, confidential gossip with its situational embeddedness in  
36 local settings concerns ongoing social processes in which secrecy is initiated, sustained, and  
37 enforced through social interaction, and in turn shapes social interaction. When we gossip about  
38 others who are known to us, we are interacting with the structural feature of social relations  
39 that presuppose a measure of ignorance and reciprocal secrecy. Thus, confidential gossip is a  
40 genre of informal communication which selectively circulates intentionally and informally  
41 concealed knowledge within a particular social network. It is shared among selected members  
42 of the network who are both privy and relevant to the circulated knowledge and have shared  
43 interests. At the heart of confidential gossip lie social relations that are the cause and  
44 consequence of confidential gossip. At the centre of its constitution of organizationality lies its  
45 processes and influence as a metaphorical crayon that draws and redraws a map of socialization  
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3 and social relations at work, being powerfully persuasive that it communicates the ‘inside  
4 truth’.  
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10 Schoeneborn et al. (2019) make the point that CCO implies a ‘low threshold’ view of what an  
11 organization, or organizing, may be. From a CCO point of view the organizationality, as  
12 Schoeneborn et al. (2019) label it, of collectives can emerge in almost any fashion, whenever  
13 collective action is called upon (see also Taylor & Van Every, 2000). Importantly, this means  
14 that the ‘organizationality’ of a social phenomenon is not a yes/no question but rather a matter  
15 of degree (Blagoev, et al., 2019; Dobusch & Schoeneborn, 2015).  
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26 In this sense, confidential gossip has particular potential to cast light on the emergence of  
27 organizationality. Confidential gossip in organizations is not only a means of knowledge  
28 exchange with semantic understanding, but also a way to render organizational members’  
29 social recognition, perception, and awareness of organizational life. The collaborative  
30 production of confidential gossip through its participants shapes individual construction  
31 processes of social realities at work, influences desires and motivations of individuals and  
32 groups, and affects power structures in both preferred and unintentional ways that in turn  
33 ‘breeds’ the confidential gossip predominantly. Confidential gossip is in this way a ploy for  
34 insiders to achieve individual- and/or group-interests. Processes of constructing, maintaining  
35 and breaching confidential gossip may not be identical across organizations, and hence are  
36 engaged by and embedded within a certain specialness and uniqueness of an organization.  
37 Thus, by partaking in confidential gossip, participants reinforce their recognition of  
38 organizational existence.  
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### **How can we study confidential gossip?**

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3 So far, we have put forward the idea of confidential gossip as a purely theoretical concept.  
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5 Ultimately, it would require empirical exploration, to which there are formidable  
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7 methodological barriers. Research on confidential gossip is by definition methodologically  
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9 challenging, given its character as a subset of both informal secrecy and gossip and therefore  
10  
11 its social ephemerality, contextuality, sensitivity, and embeddedness. Confidential gossip,  
12  
13 similarly to gossip, is an ephemeral activity that is difficult to ‘catch in the act’ of being  
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15 perpetrated (van Iterson, et al., 2011). It emerges, submerges, and reemerges in between social  
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17 connections and tensions, between interpersonal attachments and detachments.  
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24 Given the methodological challenges of confidential gossip and the similarities between  
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26 general and confidential gossip, we draw in the first instance on the empirical studies on gossip  
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28 as a reference point to consider how to study confidential gossip. Empirical studies on gossip  
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30 are primarily ethnographic focused and mainly conducted in the domains of anthropology,  
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32 sociology and psychology with some attention paid by gender and socio-linguistic studies.  
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34 Gossip has also been explored through several other approaches across disciplinary domains,  
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36 including archive studies (e.g. Besnier, 1989), diary studies that utilizes a structured diary  
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38 record with 7-point scale questions and open questions (Waddington, 2005), experimental  
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40 research (e.g. Cole & Scrivener, 2013), online research that focuses on conversations on  
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42 electronic bulletin boards (Harrington & Bielby, 1995), questionnaire studies (e.g. Baumeister  
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44 et al., 2004; Grosser et al., 2010), and interview studies (e.g. Hafen, 2004; Mills, 2010).  
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51 The ephemeral, contextual, sensitive, and embedded characters of confidential gossip  
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53 distinguish it from other ways of speaking. It may primarily be accessed through exploring  
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55 meanings and social interaction. Qualitative methods are particularly appropriate as they can  
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57 be used to capture the narratives and actors’ interpretations of situations and people (Filstead,  
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3 1970). This points to ethnographic methods as a possible way to access confidential gossip for,  
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5 as Edgar Schein notes in relation to his work on secrecy and in-groups, “you had to be a real  
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7 insider to know” (Schein, 1985, p.100). It is a topic eminently suited to what Anselm Strauss  
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9 apocryphally referred to as ‘hanging around and listening in’ by residing at the heart of social  
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11 life in an organization. It brings the particularities and ‘irrationalities’ of off-the-stage life  
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13 (Goffman, 1959) to the fore by giving a view of the variability of forms of organizing, the  
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15 multiplicity of social relations that constitute such various forms, the diverse connectivity that  
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17 ties the social relations in particular ways, the rules that are developed to maintain the  
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19 connectivity, and the sanctions that are introduced to prevent the maintenance from being  
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21 hindered.  
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28 Ethnographic studies on gossip have been predominately conducted by anthropologists.  
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30 Researchers often work as participant observers such as staying residents (e.g. Colson, 1953;  
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32 Hannerz, 1967; Haviland, 1977) and team members in an organization (e.g. Kniffin & Wilson,  
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34 2005). The importance of participant observation is noted by Hannerz (1967, p.45) as that  
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36 “probably there is no other way of acquiring knowledge about gossip”, which can make the  
37  
38 disconnected connected, make sense of the nonsense, make the obscure clear, make the silly  
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40 funny (Roy, 1959). Somewhat in contrast, Colson (1953) acts as both participant observer and  
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42 non-participant observer for particular age groups of informants. Studies also utilize two types  
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44 of invisibility when researchers are non-participant observers and are absent during the  
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46 occurrence of (certain) empirical evidence, including the use of electronic devices to record  
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48 participants in a particular setting (e.g. Thornborrow & Morris, 2004 videotaped a TV show),  
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50 and participants recording/taping their own social interaction (e.g. Guendouzi, 2001).  
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3 Linking these studies on gossip to confidential gossip, the methodological character of  
4 participant observation enables researchers to conduct a ‘curious kind’ of empirical work on  
5 confidential gossip through forming an ‘inbetweener position’ with both closeness and distance  
6 in the field. Being a relative outsider could help to capture wider socialization contexts and  
7 processes in which confidential gossip might be embedded. Being a relative insider could  
8 enable researchers to be a member of the social system being studied and to interpret and  
9 ‘translate’ the subtleties of meanings and implications surround confidential gossip. Hence the  
10 ‘inbetweener position’ hopefully is close enough to the quotidian experiences and yet distant  
11 enough to not turn such experiences into the taken-for-granted parts of organizational life. In  
12 such scenarios, which might not be a ‘fly on the wall’ method, researchers are neither complete  
13 participant nor complete observer. And, of course, fieldwork practices are contextually and  
14 biographically varied (Van Maanen, 2011), so how we engage in and with the field is largely  
15 shaped by what we want to know. Therefore the specific design of fieldwork on confidential  
16 gossip will be shaped by particular purposes and focuses as well as situated access  
17 negotiation(s).

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40 Each of the possible methods requires the confirmation of ethical approval from relevant  
41 institution(s) and of research consent from its participants prior to the conduct of research.  
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43 Among the discussed methods, ethics for ethnographic methods on confidential gossip might  
44 be the most complicated. The social embeddedness and contextuality of confidential gossip  
45 indicate that if it is to be found, it would be interwoven in the wider socialization. Therefore  
46 observational studies on confidential gossip might involve a broader focus on a wider range of  
47 interaction than confidential gossip itself. Moreover, given the undesirability of being  
48 identified as (confidential) gossipers (e.g. Bergmann, 1993), making confidential gossip a  
49 direct and explicit focus to the observed might make it difficult, if not impossible, for  
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3 researchers to be actually included in confidential gossip. This points to the particular ethical  
4 complexities that attend the research on confidential gossip which, in its nature, might be  
5 sensitive and which was to some degree being covertly studied.  
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12 Roulet et al. (2017) emphasize that ethical consideration of any (degrees of) covert study should  
13 be context dependent, as “it is in the particular cases of the here and now with participants that  
14 ethics are situationally accomplished” (Calvey, 2008, p.908). Thus ethical considerations of  
15 research conduct on confidential gossip should draw on a ‘situated ethics perspective’ (Roulet,  
16 et al., 2017; see also Calvey, 2008) that pays more attention to ethics “as an ongoing social  
17 practice” (Roulet et al., 2017, p.16) and “contingent, dynamic, temporal, occasioned and  
18 situated affairs” (Calvey, 2008, p.912). The characteristics of confidential gossip as a genre of  
19 informal, evaluative and sensitive communication require researchers to conduct the research  
20 within ethical boundaries without triggering the dangers of hidden agendas, especially  
21 regarding the issues of privacy invasion to both the researched and the researchers, and  
22 sufficient protection of participants’ identities both during and after fieldwork.  
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40 Despite all of these challenges, we should not give up on the attempt to study confidential  
41 gossip empirically. Going back to the stylised example of an interaction with which we began  
42 this essay, readers might consider how often they, themselves, take part in interactions of this  
43 sort. Our own experience is that they are commonplace and, to that extent, there is a face  
44 validity in the claim that they are an important part of organizational life which we, as  
45 researchers, should seek to understand. If that poses difficulties then we need to find ways to  
46 overcome them rather than shy away from studying this aspect of organizations.  
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## 58 **Conclusion**

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3 In this essay we have brought forward the concept of confidential gossip to denote the practices  
4 where gossip and secrecy overlap. As a form of gossip, it is a special form of communication;  
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6 as secrecy, it is a special form of gossip. One might therefore envisage confidential gossip as a  
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8 subset of gossip and gossip as a subset of communication.  
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14 Drawing on CCO that has identified the key role of communication in the constitution of  
15 organization, we argue that confidential gossip plays a role within that. What we have urged is  
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17 that not only is that so, but its role is an important and distinctive one. What at first sight may  
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19 seem quite trivial is decidedly nontrivial. Consider even the very simple hypothetical example  
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21 with which we began, and imagine how it might play out.  
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28 In the hypothetical example, perhaps A does not apply for the job because of what B has said,  
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30 taking it especially seriously because B has said they shouldn't be saying it, and so A is  
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32 persuaded that it is most likely true. That has a direct effect on who ends up doing the role, a  
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34 small contribution to the making of organization. Perhaps, because A doesn't feel able to check  
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36 B's information is true as it was given in confidence, it turns out to be false and A is cheated  
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38 of the chance of the job. Perhaps, because both have committed to keep each other's confidence  
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40 they go on to share further confidences, with spiralling effects each time. Perhaps one or both  
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42 of them break the confidence, leading to A being marginalized in their department, or B being  
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44 told off by their boss, or both; and one or both, angered by the betrayal of confidence, embarks  
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46 on a feud which may have all kinds of repercussions for the organization.  
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53 These and many other imaginable developments of that basic scenario are all organizationally  
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55 impactful and potentially organizationally important, and are all primarily attributable to the  
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57 particular way in which information was communicated, namely with the promise of  
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3 confidentiality. If, as students of organizations, we take seriously the idea that organizations  
4 are communicatively constructed then we simply could not understand those developments if  
5 we did not both know about the interaction and understand its specific quality as an instance  
6 of confidential gossip, with all the charge that secrecy brings to it. And, not just as students of  
7 organizations but as members of them, imagine if you were A or B, and your confidence had  
8 been betrayed. How would you feel? That will perhaps disclose the emotional texture of what  
9 is at stake, but that, again, only exists because it is about something that you thought was  
10 confidential, and was not just 'routine' gossip.  
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24 So we need the concept. But we also need to know about the interaction, so we have to have a  
25 way, or ways, of accessing it empirically. Hence we have also explored how studying  
26 confidential gossip is a complex matter, posing particular empirical challenges and ethical  
27 concerns. The methodological difficulty is to capture the ephemeral phenomenon and elusive  
28 practice of confidential gossip, and to encapsulate its fluid development and circulation in a  
29 given social context, whilst not violating the rights of research participants. We have suggested  
30 that ethnography or participant observation is the most feasible method as it 'gets inside' these  
31 interactions, whereas methods relying on retrospective accounts (e.g. interviews) or diary-  
32 keeping may fail, precisely because of the ephemeral nature of the phenomenon. Yet participant  
33 observation involves the greater ethical challenge, since it entails reporting on things said in  
34 confidence. One aspect of confidential gossip, and therefore a possible method of studying it,  
35 which we have not touched on to is how it may occur not in face-to-face conversation but be  
36 technologically mediated (e.g. WhatsApp groups) and this could be the focus of future work.  
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56 In pointing to its often ephemeral nature, and despite pointing to the ethical issues in studying  
57 it, we should nevertheless stress that confidential gossip is not necessarily or even often about  
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3 uncovering ‘juicy facts’ or the hidden darkness of organization. It does not need to be  
4 scandalous or thrilling *in order to be* important for organization and understanding  
5 organization, though it may sometimes be so. Confidential gossip is an ordinary part, yet an  
6 extraordinary reflection, of our everyday life. As Crewe (2015) notes in her ethnography of  
7 MPs at work, “this [book] has theatre, conflict and secrets at its heart. The secrets are neither  
8 scandalous nor even shocking – they are everyday revelations about how our parliament really  
9 works, seen through the eyes of its main protagonists” (2015, p.9).

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22 Researching confidential gossip is therefore a way to notice the “unnoticed source(s) of beauty”  
23 (Parker, 2017, p.1002) that many of us, if not indeed everyone, see and experience in our  
24 everyday organizational life.  
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