

Lynette Shotton  
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Social Work Education and Community Wellbeing Department  
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## Qualifications

Education, EdD, Graduating from care: A narrative study of care leavers' journeys into and through university., Durham University

9 Sept 2012 → 26 Mar 2019

Award Date: 26 Mar 2019

Health, MSc

30 Jun 2003 → 2007

Award Date: 30 Jun 2007

Nursing, BSc (Hons), Durham University

Award Date: 2 Sept 2002

Nursing, Diploma, Diploma in Nursing Adult

Award Date: 29 Jul 1998

... → 6 Feb 2021 Senior Fellow Advance HE

15 May 2023 → ... Principal Fellow Higher Education Academy/ Advance HE, PFHEA

18 Jul 2016 → ... Fellow (FHEA), Higher Education Academy (HEA)

4 Feb 2010 → ... Nurse teacher

2 Oct 2002 → ... Specialist Community Public Health Nursing / Health Visiting, SCPHN/HV

12 Jul 2002 → ... Nurse Prescriber

29 Aug 1998 → ... Nurse, Nursing and Midwifery Council (NMC)

## Employment

### Associate Professor

Social Work Education and Community Wellbeing Department

Northumbria University

1 Oct 2015 → present

### Advance HE

United Kingdom

23 Sept 2021 → present

### University College Dublin

Ireland

18 Oct 2019 → 18 Oct 2023

### Council of Deans of Health

United Kingdom

31 Dec 2001 → present

## Research outputs

**The impact of the Little Orange Book on how parents/carers manage symptoms of illness in children: A mixed methods study**

Johnson, A., Carruthers, K., Breckons, M. & Harland Shotton, L., 22 Jan 2025, In: PLoS One. 20, 1, 14 p., e0295470.

**A mixed methods evaluation of the breastfeeding memory aid CHINS**

Shotton, L., Collins, T., Cordier, R., Chikwava, F. & Steen, M., 1 Oct 2024, In: *Maternal & Child Nutrition*. 20, 4, 16 p., e13704.

**Breastfeeding mothers' awareness and experience of using the breastfeeding memory aid CHINS: An exploratory descriptive qualitative study**

Shotton, L. & Collins, T., 1 Sept 2024, In: *Reproductive, Female and Child Health*. 3, 3, 9 p., e108.

**LATCHES – a memory aid for the principles of attachment for effective breastfeeding: findings of a regional pilot in the Northeast of England and North Cumbria**

Shotton, L. & Elliot, C., 15 Aug 2024, In: *International Breastfeeding Journal*. 19, 57, 7 p., 57.

**Care leavers' journeys into university: A narrative study examined through a Bourdieusian lens**

Shotton, L., 29 Jul 2024, In: *Widening Participation and Lifelong Learning*. 26, 2, p. 7-30 24 p.

**Perspective Chapter: Emotional Labour – Understanding and Responding to the Emotional Challenges of Nursing**

Hareland Shotton, L., 3 Jul 2024, *Nursing Studies - A Path to Success*. David, L. (ed.). London: IntechOpen, p. 1-14 14 p.

**Staff reflections on supporting students experiencing financial hardship**

Graham, P. L., Hayman, R., Shotton, L. & Goodall, A., 5 Jun 2024, (Unpublished) p. 1-1. 1 p.

**Sexual Violence and Abuse**

Shotton, L., 13 May 2024, *Supporting Survivors of Sexual Violence and Abuse: Approaches to Care for Health Professionals*. Dosdale, C., Senior, E., Shotton, L. & Skarparis, K. (eds.). 1st ed. London: Routledge

**Supporting Survivors of Sexual Violence and Abuse: Approaches to Care for Health Professionals**

Dosdale, C., Senior, E., Shotton, L. & Skarparis, K., 13 May 2024, 1st ed. London: Routledge. 140 p.

**Supporting Survivors of Sexual Violence and Abuse**

Dosdale, C., Senior, E., Shotton, L. & Skarparis, K., 13 May 2024, *Supporting Survivors of Sexual Violence and Abuse: Approaches to Care for Health Professionals*. 1st ed. London: Routledge, 15 p.

**Supporting Survivors of Sexual Violence and Abuse: Approaches to Care for Health Professionals**

Dosdale, C., Senior, E., Shotton, L. & Skarparis, K., 13 May 2024, 1st ed. London: Routledge. 140 p.

**Supporting Survivors of Sexual Violence and Abuse**

Dosdale, C., Senior, E., Shotton, L. & Skarparis, K., 13 May 2024, *Supporting Survivors of Sexual Violence and Abuse: Approaches to Care for Health Professionals*. Dosdale, C., Senior, E., Shotton, L. & Skarparis, K. (eds.). 1st ed. London: Routledge, 15 p.

**A new memory aid to remember principles of attachment for effective breastfeeding**

Shotton, L., Elliott, C., Nunn, R. & Lane, K., 8 Apr 2024, *RCN Education Forum National Conference & Exhibition 2024: Future Insights: Enabling professional practice in health and social care nursing education: Conference abstracts*. Birmingham: Royal College of Nursing, p. 219-220 2 p.

**Cost of living impacts on student engagement, continuation and Well-being - Staff Perspective**

Shotton, L., 8 Apr 2024, (Accepted/In press).

**A mixed methods evaluation of the memory aid for positioning: CHINS**

Shotton, L., 22 Nov 2023, p. 7-7. 1 p.

**An evaluation of The Little Orange Book: a short film**

Shotton, L., Johnson, A., Carruthers, K. & Breckons, M., 31 Aug 2023

### **Evaluating the Little Orange Book**

Shotton, L., Johnson, A., Carruthers, K. & Breckons, M., 28 Feb 2023, 67 p.

### **Supporting the integration of first-year undergraduate widening participation sport students into university: the role of online programme induction**

Hayman, R., Wood, M., Wharton, K. & Shotton, L., 6 Dec 2022, In: SN Social Sciences. 2, 12, 21 p., 268.

### **Food Insecurity and Health Outcomes: How to Spot it and How to Help**

Defeyter, M. A., Walton, P., Aspray, C., McKean, M., Shotton, L., Murphy, K., Goodwin, S. & Forsey, A., 19 Oct 2022, Health Education England.

### **Health Literacy**

Shotton, L. H. & Senior, E., 30 Sept 2022, *Fundamentals for Public Health Practice*. Holland, A., Phillips, K., Moseley, M. & Joomun, L. (eds.). 1st ed. London: SAGE, p. 41-57 16 p.

### **Health Promotion and Public Health**

Shotton, L., 4 Aug 2022, *Nursing Practice: Knowledge and Care*. Peate, I. & Mitchell, A. (eds.). 3rd ed. Chichester: Blackwell Publishing, p. 33-48 16 p.

### **Home visiting and therapeutic relationship building to support the transition to parenthood**

Sturley, L., Shotton, L. & Hanlan, B., 19 Jan 2022, *Health Visiting: Specialist Community Public Health Nursing*. Burrows, P. & Cowie, J. (eds.). 3rd ed. Great Britain: Elsevier, p. 89 110 p.

### **From care to caring. Using Bourdieu to explore care experienced students journeys into and through nurse education**

Shotton, L., 2 Oct 2021, In: Research in Post-Compulsory Education. 26, 4, p. 442-460 18 p.

### **Navigating the narrative space: Insights, experiences, and emotions of the novice researcher.**

Shotton, L., 2 Aug 2021, In: Qualitative Research Journal. 21, 3, p. 334-348 15 p.

### **Reviewing an inclusive intern partnership scheme: a black, Asian and minority ethnic student perspective**

Shotton, L., Parkin, E., Aataya, A. A. & Hayman, R., 12 May 2021, In: Journal of Educational Innovation, Partnership and Change. 7, 1, 9 p., 749.

Educational attainment of children and young people in the looked-after care system

Harland, L., Nov 2014, In: Community Practitioner. 87, 11, p. 25-27 3 p.

Remember: CHIN.

Harland, L., 1 Jan 2011, In: Community Practitioner. 84, 1, p. 18 1 p.

## **Awards**

### **KE internal Pump-Priming Fund: Pilot of Breastfeeding Mnemonic**

Shotton, L. (PI)

RIS Internal Funding: £3,000.00

1/04/23 → 31/03/24

## **Projects**